

The Rise of Shame
Run Home. Live Free!
Luke 15: 11-32; Romans 8:38-39

Shame in the Storyline:

The Prodigal Son (Luke 15:11-32)

Sin-

Shame-

God's Action-

The Prodigal Daughter (a story of our own)

Overcoming the Stronghold of Shame:

Guard against what started in the _____ (Genesis 3:1-6)

Satan's Sowing:

- 1) Seeds of _____ (vs. 1)
 - a. Challenged the _____ of God's Word (Did God really say?)
 - b. Challenged the _____ of God's Word (You can't eat from any tree in the garden?)
 - c. Challenged the _____ of God's Word
- 2) Seeds of _____ (vs. 4)
- 3) Seeds of _____ (vs. 5)

Satan's Shame Strategy:

- 1) Convince you to _____ shame
- 2) Convince you to _____ the guilt of others (2 Sam. 13:13-20)
- 3) Convince you to feel shame for sin that has been _____ (Ps. 103:8-12)
- 4) Convince you that people's _____ define our identity (1 Sam. 20: 30-34)

Key to overcoming shame-

Walk in the _____ and Live Free

- Determine the Truth:
Action: Ask 3 questions:
 - i. What do I need to own?

- ii. What do I need to confess?
- iii. What do I need to make right? (Luke 19:1-8)

- Accept God Delights in You (Romans 8:38-39)
Action: Meditate on who you are and what you possess in Christ
- Prayerfully Seek Justice from God:
Action: Read the imprecatory psalms (Ps. 35)
- Reject Lies and Refuse Shame (1 Sam. 20: 30-34)
Action: Realize you have the power to reject shame. Stand up and say no!
- Allow Authentic Community Access (Acts 2:41-47)
Action: Let people see you. Be open and vulnerable.
- Move on (2 Cor. 5:17)
Action: Refuse to wallow in dead and buried memories!

Remember: Run home so you can live free. The Father is waiting with open arms!