

soaking up the
PSALMS

Psalm 25

Pastor Jonathan Pafford

August 4, 2024

Read for next week: Psalm 26

HOW TO OBTAIN HELP IN THE TURBULENCE

The author is David

Psalm of Lament - the psalmist's cry when in great distress and there is nowhere to turn but to God

Timeless Truth: The Lord is forever faithful and true, providing counsel for those who depend on the integrity of His Word as they wait for His help in their turbulence.

5 WISE MANEUVERS TO NAVIGATE LIFE'S TURBULENCE

1. Trust the Lord even when others want to tear us down (vv 1-3)

“appeal” –

David's turbulence –

Turbulence for Followers of Jesus

John 15:18-21; 16:1-4

1 Peter 1:13-21; 2:11-12

2. **Hold fast** to the Lord's path even when we don't know the next step (vv 4-7)

David's requests –

David's honesty –

3. Humbly **remain loyal** to the Lord because of His faithful love and truth (vv 8-11)

Ephesians 2:1-5

4. **Fear** the Lord by following His counsel despite how you're feeling (vv 12-15)

The Fear of the Lord (Proverbs 1:7) –

How are your attitude and actions evidence of God's counsel (wisdom) in your life?

5. **Depend** on the Lord's integrity and righteousness to help you (vv 16-21, 22)