

# Soaking Up the Psalms

July 16, 2023 | Pastor Matt Kaiser

## Psalm 6

David's Laments:

The nature of lament: to express deep \_\_\_\_\_,  
\_\_\_\_\_, or \_\_\_\_\_

Psalm 3: Morning Prayer

Psalm 4: Evening Prayer

Psalm 5: Morning Prayer

Thrust of Psalm 5 (Seeking Refuge)

Psalm 6: \_\_\_\_\_ Prayer

Understanding Psalm 6:

1. One of seven penitential psalms (Psalms 32; 38; 51; 102; 130; 143)
2. Songs of \_\_\_\_\_ and \_\_\_\_\_ before God
3. Common to sing them on Ash Wednesday (40 days before Resurrection Sunday)
4. Express a deep regret for \_\_\_\_\_ or \_\_\_\_\_
5. Express a great need for God's \_\_\_\_\_ and \_\_\_\_\_

# **A PRAYER FOR THOSE WHO CAN BARELY PRAY**

**1. David cried out for \_\_\_\_\_ (felt God was angry)**

Plea:

Positives:

How long?

**2. David cried out with \_\_\_\_\_ (felt God was distant)**

God's faithful love (chesed)

No remembrance in death/who can thank you in Sheol?

"Soul sleep" -

Annihilation -

Sheol:

What David is telling us -

**3. David cried out in \_\_\_\_\_ (felt God was inactive)**

*"Let us learn to think of tears as liquid prayers" Charles Spurgeon*

**4. David cried out with \_\_\_\_\_ (felt God was responsive)**

