

Nov 8, 2015

## PROVERBS – GAINING WISDOM AND INSIGHT FOR LIFE (Pt 19) THE ONE WHO CONTROLS HIS SPIRIT (*PROVERBS 16:32,25:28*)

*PROVERBS 16:32* – *he who rules his spirit* – one who rules his/her \_\_\_\_\_ rather than allowing his/her emotions to \_\_\_\_\_ them.

### DESTRUCTIVE SPIRITS (EMOTIONS)

#### 1) THE SPIRIT OF \_\_\_\_\_ (*Prov 16:31a*)

Not saying all anger is \_\_\_\_\_

All anger should be kindled \_\_\_\_\_

*Proverbs 19:19* – man of anger cannot be \_\_\_\_\_ (*Prov 19:19*)

*Proverbs 22:24* – man of anger cannot be a close \_\_\_\_\_ (*Prov 22:24*)

*Proverbs 29:11* – man of anger called a \_\_\_\_\_ (*Prov 29:11*)

#### 2) THE SPIRIT OF \_\_\_\_\_ (*1 Cor 15:57,58*)

Contrast Anger/Apathy

Anger – \_\_\_\_\_ reacts to everything

Apathy – \_\_\_\_\_ reacts to everything

*Always abounding in the work of the Lord (1 Cor 15:58)* – whether you  
“ \_\_\_\_\_ ” or not!

#### 3) THE SPIRIT OF \_\_\_\_\_ (*Luke 9:23*)

Self \_\_\_\_\_

Self \_\_\_\_\_

Self \_\_\_\_\_

Self \_\_\_\_\_ (the \_\_\_\_\_ mentality)

Self \_\_\_\_\_ (lack of \_\_\_\_\_)

### REMOVING WHAT CONTROLS YOU (*1 Peter 4:1, 2*)

What we \_\_\_\_\_ remove from our lives will not likely \_\_\_\_\_

And, we begin to recognize God's \_\_\_\_\_ Presence

## A MAN AND HIS SPIRIT

### 1) A MAN WHO IS RULED BY HIS SPIRIT *(Prov 25:28:Eph 4:26,27)*

WHEN OUR EMOTIONS CONTROL OUR DECISIONS:

- We play into the devil's \_\_\_\_\_
- We leave our \_\_\_\_\_ open to the devil's attack
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### 2) A MAN WHO RULES HIS SPIRIT *(Prov 16:32)*

RULING OVER YOUR SPIRIT

- Is part of your \_\_\_\_\_ against the devil
- Gives you the \_\_\_\_\_ to go behind enemy lines
- Allows you to \_\_\_\_\_ those who have been taken captive by the enemy's lies

THE FIRST STEP IN RULING YOUR SPIRIT: \_\_\_\_\_ *(James 4:7-10).*