

G R O W T H N O T E S

Scriptures: 1 Corinthians 9:26 & Others

Series:

WHAT DO YOU SEE? – PART 2

Message:

“HOW TO REFRAME MY GOALS!”

1 Corinthians 9:26/New Century Version: “So I do not run without a goal. I fight like a boxer who is hitting something—not just the air.”

- *Setting GOALS is a helpful and effective strategy in life, for moving forward and getting ahead!*
- *Setting GOALS is the first step to turning the invisible into the visible.*
- *GOALS are roadmaps that guide progress.*
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- *GOALS allow you to control the direction of change in your favor.*
- *GOALS are like a future photo album that show you what your future can look like.*
- *Each New Year is like a chapter in a book waiting to be written and we help to write that story by setting some GOALS.*

**GOAL SETTING HAS A SPIRITUAL
DIMENSION**

**“SOMETHING HAPPENS TO YOUR SOUL
WHEN YOU ESTABLISH A GODLY GOAL!”**

5 IMPORTANT THINGS!

**1. GOAL-SETTING is a SPIRITUAL
DISCIPLINE that empowers me to
grow!**

2. ***GOAL-SETTING is an act of STEWARDSHIP!***

3. ***GOAL-SETTING is an act of WORSHIP!***

4. ***GOAL-SETTING is an act of DISCIPLESHIP!***

5. ***GOAL-SETTING is an act of FELLOWSHIP when I do it with others.***

GOD HAS GOALS & OBJECTIVES

- Nothing is happening by accident—that’s the doctrine of Christian providence that God is working all things together toward a definitive end.
- God has goals for history that have not happened yet.

- God has goals for the church.
- God has goals for my life that have not taken place.
- God is a planner – Ephesians 1:10: “God PLANS...”
- God is not unempathetic, God is not uninvolved, detached, passive, God does not just let things happen—God plans.
- It’s wrong to say, “I’m not going to plan, I’m just going to trust God—BUT—if God plans, we must plan!”

Ephesians 1:10: “God plans to bring all of history to its GOAL in Christ, then Christ will be head of everything in Heaven and on earth.”

1. **GOAL-SETTING IS a SPIRITUAL DISCIPLINE.**

2. GOALS **FOCUS** our energy.

1 Corinthians 9:26/New Century Version: “So I do not run without a goal. I fight like a boxer who is hitting something—not just the air.”

Ephesians 5:16: “Make the most of every opportunity!”

Hebrews 11:6: “Without faith it is impossible to please God, for those that come to God must first believe that God is, and that God is a rewarder of those that diligently seek God!

Matthew 9:20, Jesus said—“According to your faith, it will be done unto you!”

- You have never really trusted God until you attempt to do something that is beyond your ability & capacity!
- If you can do it—you don’t need faith for it!

- Your goals should be so big that they force you to depend on God!

3. GOALS **STRETCH** our faith—because they are faith statements!

- A goal is a dream with a deadline!

4. GOALS **BUILD** our character.

- The greatest benefit of setting goals, in faith, is not that you reach them, but what happens to you and in you on your way to them!
- Not just what you do—but who you become in the process.
- While I’m working on my goal—God is working on me!

Philippians 3:12-14: “I do not claim that I have already succeeded, I keep striving for the goal

through which Christ Jesus has won me to Himself.

- The number one goal of believer must be to become like Jesus Christ!
- It's not easy, instant, or automatic—it takes time & intention!

5. GOALS give us HOPE!”

Psalm 23:4a: “Yea, though I walk through...”

- If you set goals—you get to move!
- If you set no goals—you stay exactly where you are!
- Nothing changes until you do!
- 1 Corinthians 14:1; 10:31; 16:14; 2 Corinthians 5:9
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- With the help of God—I MUST STAY ON MY FEET!

My spiritual goals this year: _____

My financial goals this year: _____

My physical goals this year: _____

My relationship goals this year are: _____

My personal goals: _____
