



Chapter 7

Permission to Live Intentionally

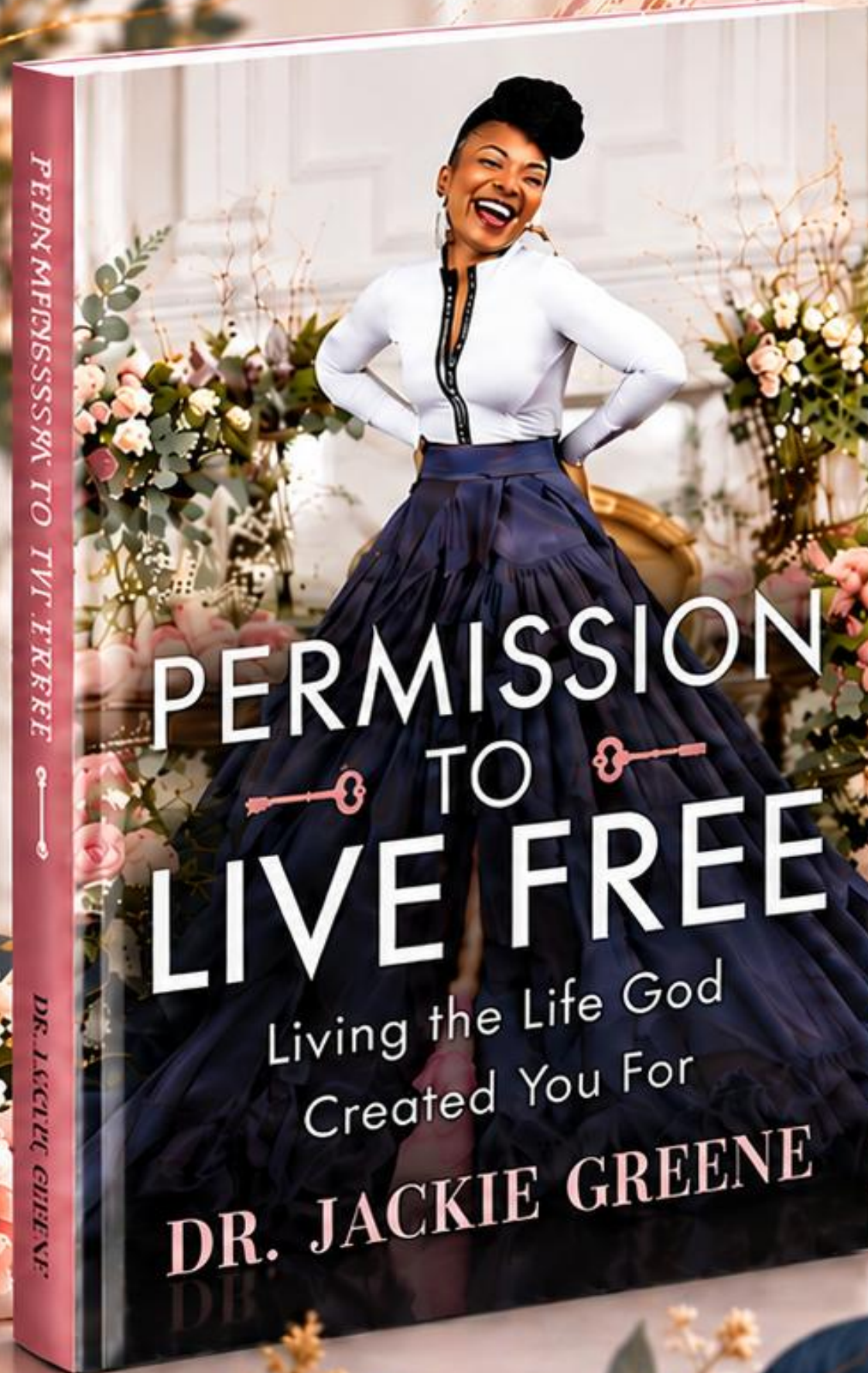
Rev. Dawnesha Beaver

FACILITATOR

WORD Conference

Friendship Baptist Church

October 17, 2026





ABOUT

This Session

Seminar Aim: To move from knowing we are free in Christ to choosing a life marked by authenticity, wise transparency, and life-giving community.

Presented by Rev. Dawnesha K. Beaver, MPH. MAT

LIVE FREE *Inspiration*

From a spiritual perspective, living free is not about living without responsibility; it is about living without unnecessary bondage.

Jesus declares in John 8:36 (KJV):
“If the Son therefore shall make you free, ye shall be free indeed.”



MADE FREE CHOOSING TO LIVE FREE

PERMISSION TO RELEASE YOUR PAST.

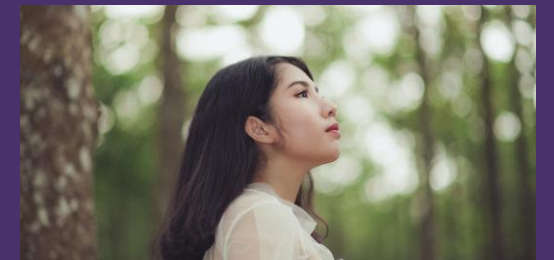
You are not required to spend the rest of your life paying emotionally for something God has already forgiven. Your past may explain where you've been, but it does not have to determine where you're going.

PERMISSION TO STOP LIVING FOR EVERYONE'S APPROVAL.

Freedom means understanding that you can love people without allowing their opinions to govern your life. You can serve faithfully without surrendering your identity to the expectations of others.

PERMISSION TO ESTABLISH HEALTHY BOUNDARIES.

You can say no without feeling guilty. You can rest without feeling unproductive. You can help others without neglecting yourself.



PERMISSION *Affirmations*

AFFIRMATION 1



Live Authentically
Courage to be who God
made you.

AFFIRMATION 2



Practice Wise Transparency
Honesty with
Discernment

AFFIRMATION 3



Choose Community
Freedom is not ISOLATION



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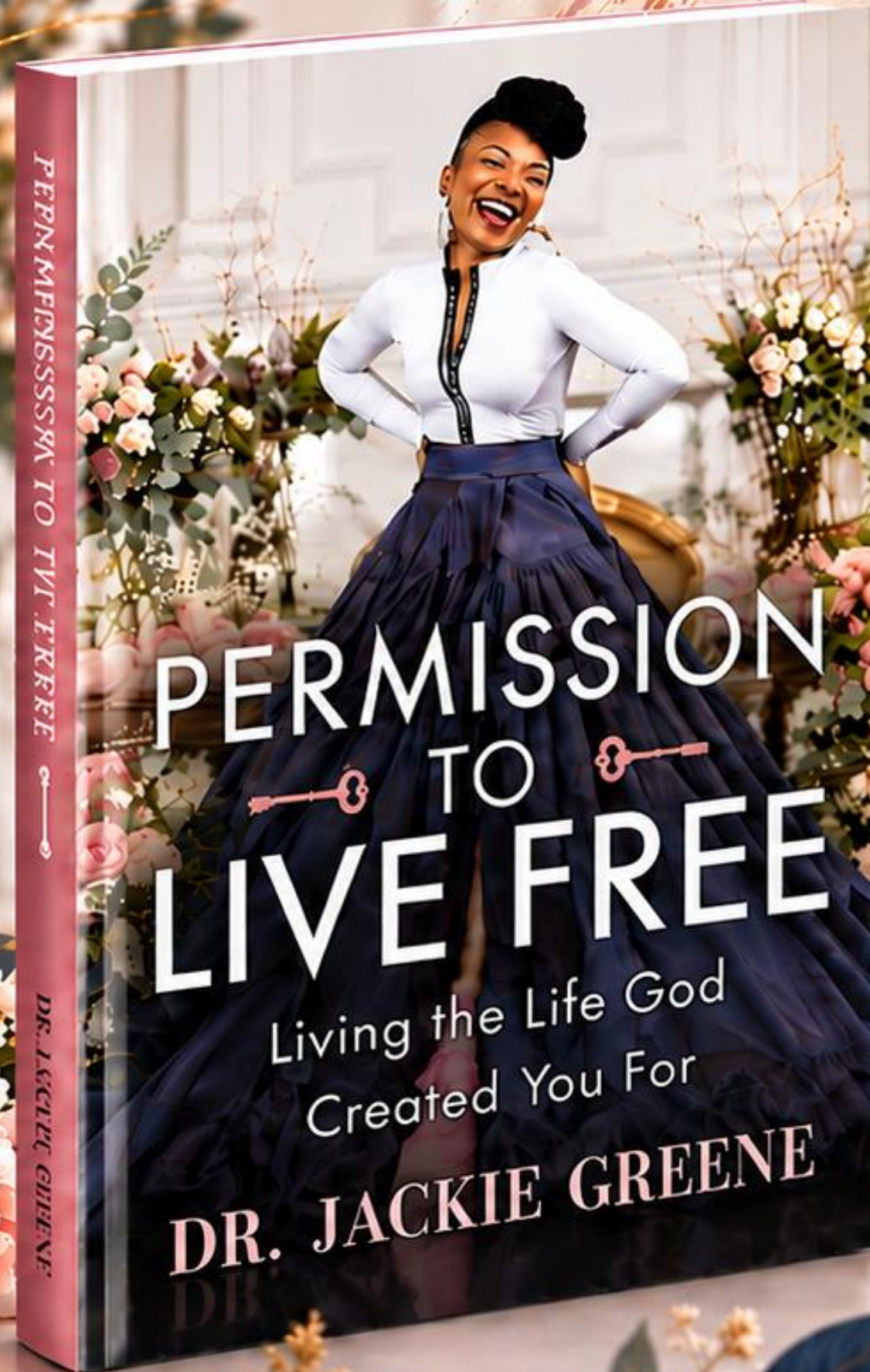
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THANK

You

