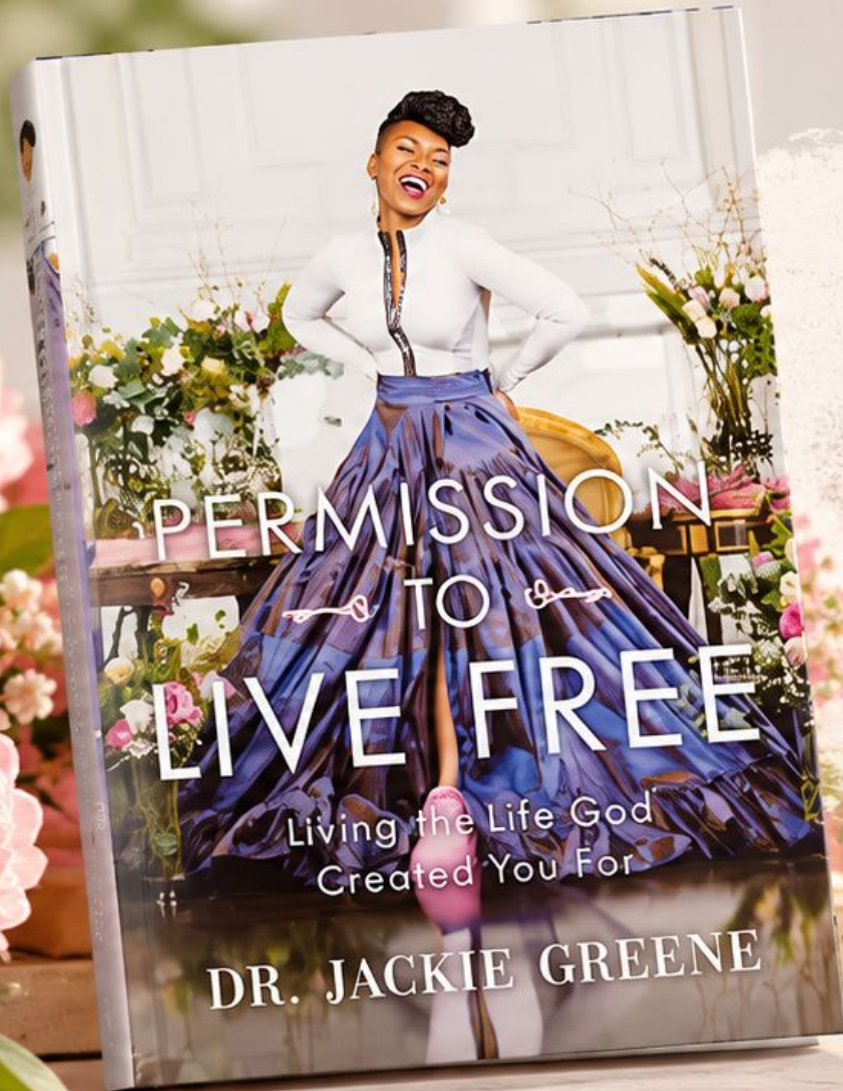




CHAPTER
4

Permission to Release Old Ways of Living

Facilitator
Pastor Karen Sykes



FIVE SIGNS OF COUNTERFEIT LIVING

No faking it 'til you make it.

“But seek first his kingdom and his righteousness, and all these things will be given to you as well.”

MATTHEW 6:33

1. The woman living a counterfeit life fails to prioritize a vibrant, personal relationship with God.



**What are some of the
ways we rationalize
our relationship with God
to convince ourselves that it's
all good?**

“Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father’s care. And even the very hairs of your head are all numbered. So don’t be afraid; you are worth more than many sparrows.”

MATTHEW 10:29-31

2. The woman living a counterfeit life clings to the “extras” that fail to give her worth.



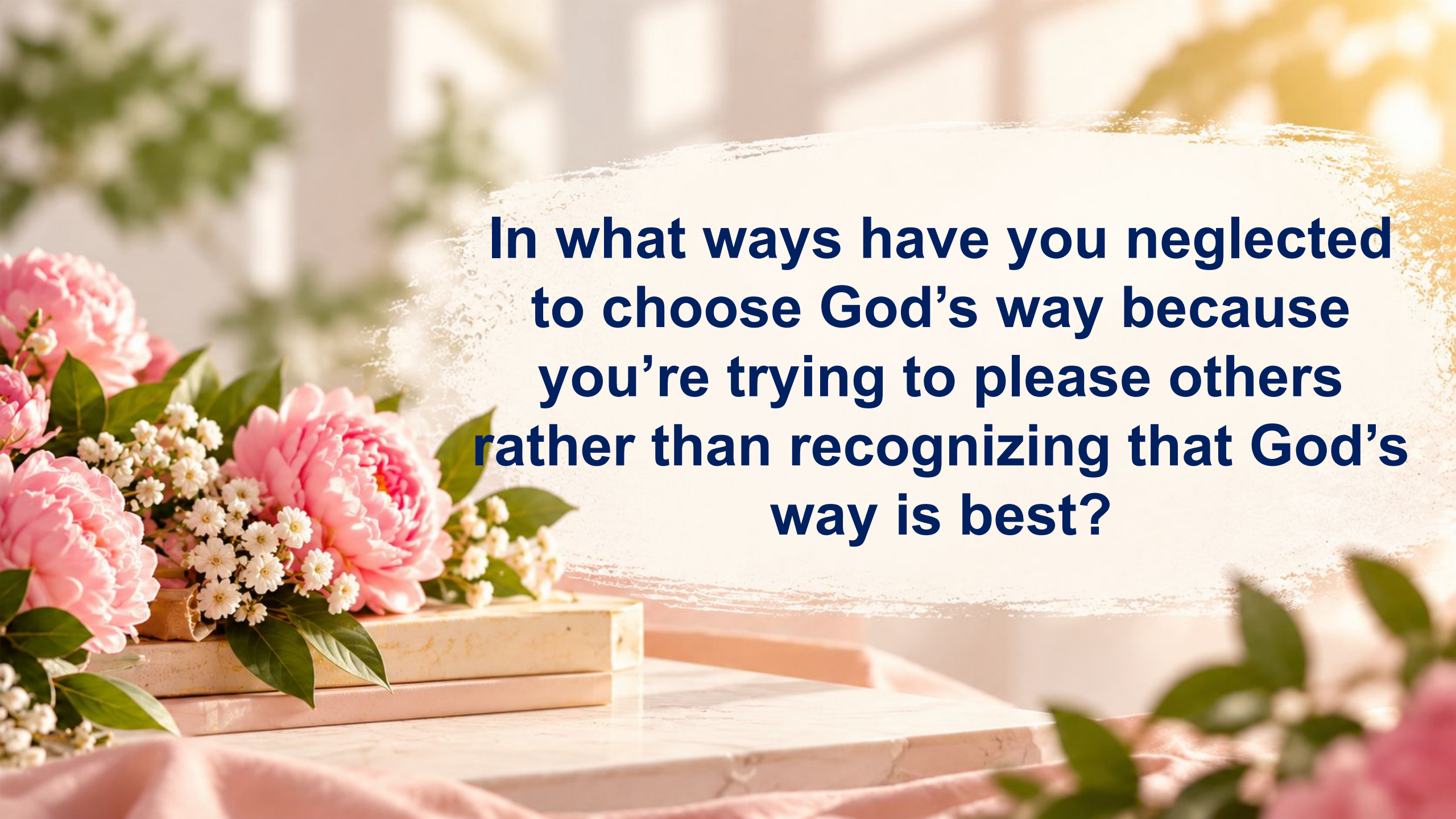
What affirmations can we hold on to that reminds us God says we are worthy just because He loves us?

Trusting in “extra” things may drive us to believe God is pleased with our performance.

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind.”

ROMANS 12:2

3. The woman living a counterfeit life strives to please people rather than receiving the truth of who she is from God.



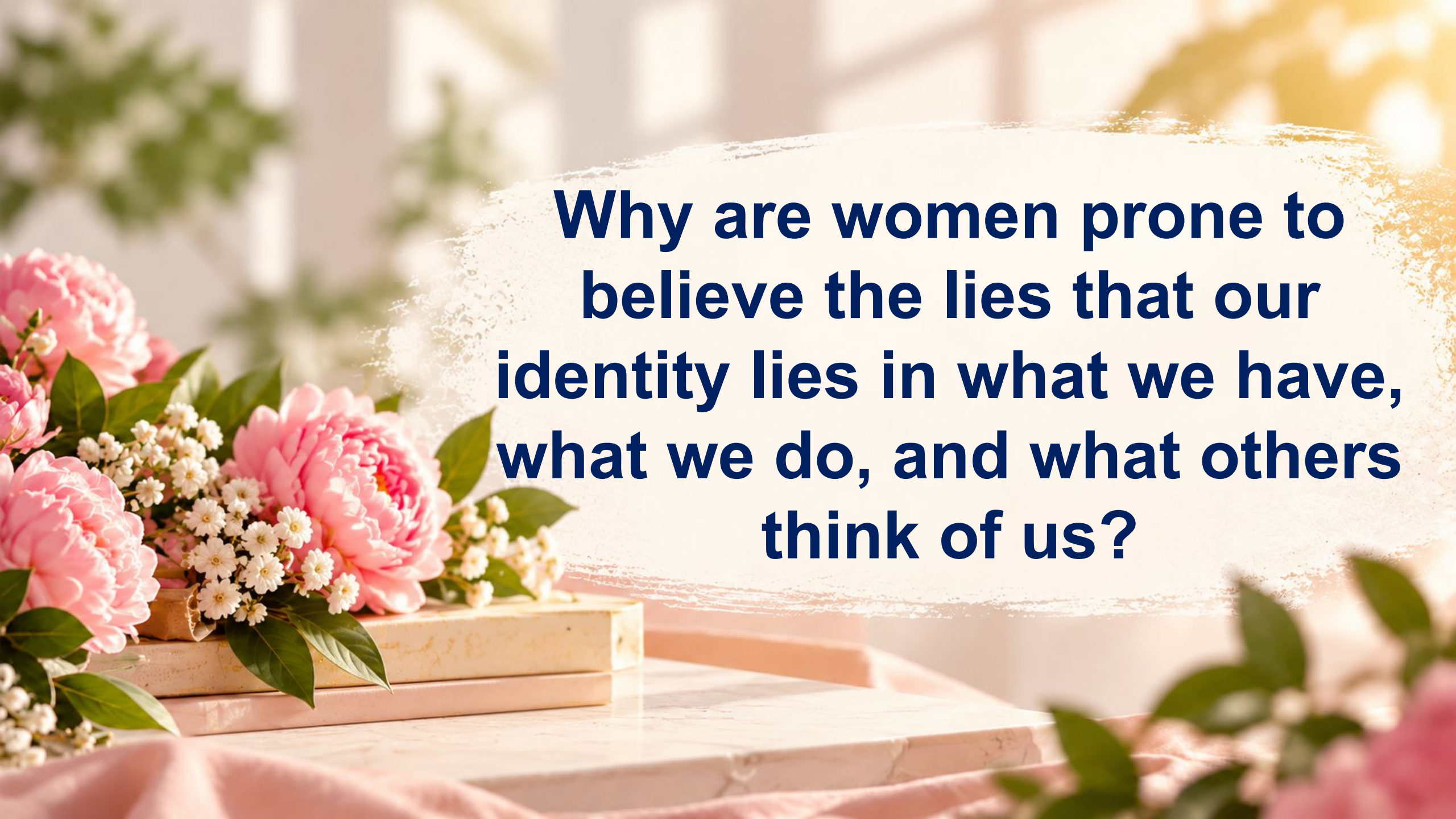
**In what ways have you neglected
to choose God's way because
you're trying to please others
rather than recognizing that God's
way is best?**



*“Then you will know
the truth and the
truth will set you
free.”*

JOHN 8:32

4. The woman living a counterfeit life refuses to face the truth.



**Why are women prone to
believe the lies that our
identity lies in what we have,
what we do, and what others
think of us?**

“The thief comes only to steal and kill and destroy; I have come that they may have life and have it to the full.”

JOHN 10:10

5. The woman living a counterfeit life settles for “good enough.”



**In what ways do we keep
ourselves from receiving
God's best?**



Question

???

**What do you need
permission to let go of?**

A soft-focus background featuring a bouquet of pink peonies and white baby's breath flowers resting on a stack of books. The scene is bathed in warm, golden light, creating a serene and contemplative atmosphere. The text is overlaid on a semi-transparent, textured grey shape that resembles a brushstroke.

**Today, in this moment,
I give myself
permission to let go of:**
