

The Two Roads November 27, 2022

I. WHAT'S THE BIG IDEA?

Ps 73:1-28

The road of <u>cynicism</u> & <u>pessimism</u> almost <u>destroyed</u> David, and it can <u>destroy</u> us too. If we are to <u>thrive</u> in this life, we must find an <u>alternate road</u> to travel, and work to stay on it.

- II. FACTS ABOUT THE "LOW ROAD."
 - A. The Low Road has two lanes.
 - 1. <u>Pessimism</u> is a negative expectation related to life.

- 2. <u>Cynicism</u> is a negative expectation related to people.
- B. Unless we make <u>deliberate</u> <u>effort</u> to travel the high road, we will <u>slide</u> <u>onto</u> the low road.
- C. The <u>tongue</u> is the <u>steering</u> <u>wheel</u> that sets our course.
- D. The "Low Road" has consequences.

III. THE HIGH ROAD:

- A. The high road begins with focus.
- B. The practice of <u>reflection</u> and <u>giving thanks</u> produces an <u>attitude</u> of <u>gratitude</u>.