

Living a Life of Honor

May 3, 2026

I. WHAT'S THE BIG IDEA?

If I am to walk worthy of the calling of God, I must discipline myself in mind and body. In order to do this I must make some covenants, or commitments, and hold myself accountable to them.

II. WHAT I NEED TO KNOW

A. We have been delivered from Darkness.
(vs. 12-13)

B. We have been delivered into Light.
(vs.12-13)

C. We are to live free for the long haul. (v.11)

D. We are to grow up in God to: (v.10)

1. **Know God better**
2. **Produce spiritual fruit**
3. **Live an honorable life.**

II. 5 PERSONAL COVENANTS

- A. I covenant with my eyes to control what they see.**
- B. I covenant with my heart that I will not surrender to offences.**
- C. I covenant with my mind that my thoughts will be guided by the Word of God.**
- D. I covenant with my feet that there are some places I will not go.**
- E. I covenant with my hands that there some activities I will not participate in.**