



**Immanuel: Among Us - 19**  
**A Prayer, a Plan,**  
**and a Promise**  
**June 17, 2018**

**I. WHAT'S THE BIG IDEA? Matt 6:25-7:11**

Worry is a \_\_\_\_\_ that  
eats away at our \_\_\_\_\_,  
our \_\_\_\_\_ and our \_\_\_\_\_.

Jesus offers a \_\_\_\_\_ and a  
\_\_\_\_\_ for worry.

## II. THE WAY OUT OF WORRY

A. \_\_\_\_\_ a \_\_\_\_\_.

B. Make a \_\_\_\_\_.

C. Grab Hold of a \_\_\_\_\_.