

Promise to Promised Land – REMIX - 10

Strongholds

August 9, 2026

I. WHAT'S THE BIG IDEA?

Genesis 25:19-34

Esau traded the blessing of God for a bowl of soup. This pattern of foolishness defined his life. If we follow his example, we can lose our identity as well.

II. ESAU'S PROBLEMS:

- A. Esau didn't know he was vulnerable.
- B. Esau felt he would DIE if he didn't get what he wanted.
- C. Esau was short-sighted
- D. Esau traded spiritual position and power for temporal pleasure.

II. Progress of Heart Contamination:

- A. Thoughts become sin.**
- B. Sin habits become footholds.**
- C. Patterns become strongholds.**
- D. Strongholds must be broken**