

RETHINK NORMAL

—Recovering from Crisis—

Nehemiah 13:1-12; 14; 17-18; 23-24; 27-28

Refuse To Revert Back To The OLD Normal When Difficulty & Ordinary Surface

May 27

Quote

~Forward Ever – Backward Never

Memorandum

I. Remember to never-ever take The Lord's sovereignty, deliverance & mercy for granted.

II. Remember to refuse to revert back to old counterproductive ways.

III. Remember that nothing is as good or as bad as it seems – the **OLD** normal wasn't that great anyway.

IV. Remember to never revert back to **OLD** harmful relationships, and that bad association spoils productive progress.

V. Remember to resist toxic emotions that delay progress -- [**F.L.A.A.D.S.**-fear, love, anger, acceptance, discouragement, & sadness]

VI. Remember to refuse to lament and worry about what you seemingly lost or didn't do — create anew. _____

VII. Remember to continually water and weed the garden(s) planted during the crisis.

VIII. Remember that **NOTHING** worthwhile comes easily!

Additional Notes: _____

