

PRAY HARD PRAYERS

Pray Hard Prayers: The Prayer of Lament - Habakkuk 1-3

Suggested Memory Verse: Habakkuk 2:4 (ESV) Behold, his soul is puffed up; it is not upright within him, but the righteous shall live by his faith.

1. Habakkuk 1:2–4 — Habakkuk begins with “How long?” What is something in your life or in the world that makes you ask that same question, and how do you typically bring it to God?

2. Habakkuk 1:12–13 — In his questioning of God, Habakkuk affirms God’s holiness and eternity. How does reminding yourself of who God is reshape the way you ask hard questions?

3. Habakkuk 2:1 — Habakkuk stations himself on the watchtower instead of walking away. What does disciplined waiting look like in your current season? What has it looked like in the past?

4. Habakkuk 2:4 — God answers not with explanation but with posture: live by faith. Where is God asking you to live by faith rather than by clarity?

5. Habakkuk 3:2 — Habakkuk asks God to remember mercy in wrath. How can you pray for justice while still trusting in God’s mercy?

6. Habakkuk 3:17–18 — “Though... yet I will rejoice.” What would your personal “though... yet” statement be right now?

7. Romans 8:24–25 — Scripture teaches that hope involves waiting. How does hope sustain lament without turning it into despair?