



## Navigating the Valley - Psalm 23

1. Read Psalm 23. What is one thing from the passage that sticks out to you and why?
2. Why could David confidently say, 'The Lord is my shepherd'? Do you have the same confidence? Why or why not?
3. When talking about knowing the presence of the Lord, we asked three questions:
  1. Is Jesus enough?
  2. Do you recognize God's presence in the good and the bad?
  3. Do you pray? Which do you have the most difficulty saying yes to and why?
4. The sheep were comforted by the shepherd's rod and staff. Are you comforted by God's Word in the same way? Why or why not? Give specific examples, if possible, from this previous year.
5. Out of the promises of restoration, victory, goodness and mercy, and His presence, which promise do you need to be reminded of right now and why?
6. Take time to share your trials and pray for one another that you will experience the presence of God as you walk through the valley.