



Communion - 1 Corinthians 11:17-34

1. On a scale from 1 to 10 with 1 being never and 10 being every day, how often do you examine yourself? How often do you ask the Lord to search your heart and intentions, revealing hidden sins or wrong motivations?
2. Why do we have an aversion to self examination? What is it about the process and the outcomes that we don't like?
3. How does examining yourself expedite our spiritual growth and make us more Christlike?
4. Paul said in v20 that because of the lack of reverence and humility in coming to the Lord's table that what they were eating wasn't even considered communion. How does posturing our hearts rightly before communion bring us into alignment with God?
5. Read 1 Corinthians 11:27-32. What are the consequences of taking communion in an unworthy manner? How do we make sure to take it rightly?
6. Matthew 5:22-24 says, "So if you are offering your gift at the altar and there remember that your brother has something against you, 24 leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift." Why is it important to have our relationships in order before approaching the Lords table?
7. Close with these two scriptures as your context for prayer.
Psalm 139:23-24 Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.
Lamentations 3:40 Let us examine and probe our ways, And let us return to the Lord.