



Light in the Darkness

PEACE: When the Storm Rages Luke 2:8–14; Philippians 4:4–7

1. Luke 2:8–9 — The shepherds were doing ordinary life when fear hit them out of nowhere. What “night watch” season are you in right now where anxiety or fear keeps showing up uninvited?
2. Luke 2:10–11 — The first words from heaven were “Fear not” because a Savior had come. What fear has been louder than your faith lately, and what would it look like to bring that fear under the authority of Jesus this week?
3. Luke 2:14 — The angels announce peace on earth, but the world is still dark, occupied, and messy. Where have you been waiting for circumstances to calm down before you believe peace is possible?
4. Philippians 4:4–5 — Paul ties peace to rejoicing and remembering “the Lord is at hand.” What changes in your stress level when you actually live like Jesus is near, not just true?
5. Philippians 4:6–7 — Paul says peace comes through prayer, supplication, and thanksgiving. What is one specific thing you need to release to God in prayer this week instead of rehearsing it in your head?
6. John 14:27 — Jesus gives peace “not as the world gives.” Where are you confusing peace with comfort, ease, or getting your way? What hard act of obedience have you been avoiding because it does not “feel peaceful”?
7. Philippians 4:8–9 — Paul connects peace to what you dwell on and what you practice. What is one input you need to limit (news, social media, worry loops), and what is one practice you need to increase (Scripture, gratitude, prayer, worship) so your mind has a new default?