

## **I AM – Week 6**

Start your group by taking some time to do the spiritual practice of listening prayer. Listen to a passage of scripture read by someone in your group and listen for a word or phrase to light up. Then let that word or phrase set the agenda for your prayer for the next 5-10 minutes.

It's now less than a week until Easter Sunday and we have just celebrated Palm Sunday as we look into the 6<sup>th</sup> "I am" statement by Jesus: "I am the light of the world." Even during this uncertain time in our world, it is calming to know that Jesus is the light that shines in the real darkness of this world. Ask yourself, what have you been looking to follow these past few weeks for certainty and is it of the darkness of this world or the light of Jesus? The darkness tries to get you to focus on it and not the light. It wants to distract you; make you think that whatever it is asking you to focus on is somehow bigger than Jesus. But when you focus on the light and follow Jesus, you find truth and have hope and life to the full in him.

### **Discussion Questions:**

#### **Read John 8:12**

- Darkness is an ever-present reality. This is not just a part of the COVID-19 pandemic, rather, it's something that is always there, even if it may not always be so obvious. What has been distracting you lately? Since darkness is a reality of living in this world, what are some ways that we can stay focused on the light of Jesus?
- Read 2 Cor. 4:4-6. We need God's light in our lives to help others. Light exposes us, it purifies us, and it illuminates our path. How has the light of God in your life changed you? How can we allow his light to shine through us to others, specifically during this pandemic?
- Go back to John 8:12. It says "Whoever follows... will have..." When we follow Jesus, we have him! We have life to the full in him. Knowing that and walking that out is key yet challenging due to constantly being bombarded with messages that try to point us elsewhere. How do you trust God when things have so drastically changed? What can you do this week to help someone who is focusing on the darkness and not the light?