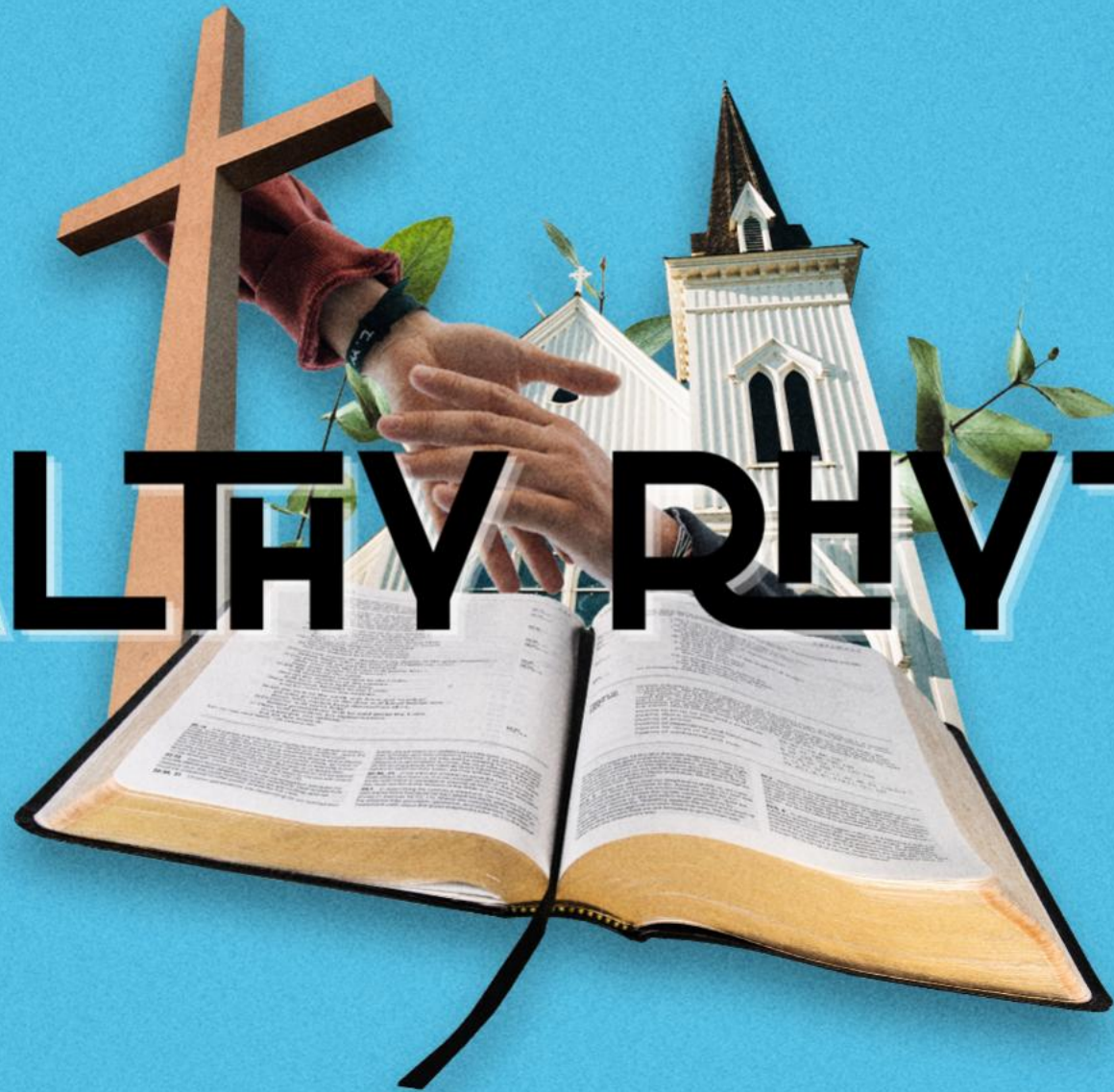


HEALTHY RHYTHMS





HEALTHY RHYTHMS

1.

**BE WITH
JESUS**

2.

**BE WITH
JESUS PEOPLE**

3.

**REST IN
JESUS**

4.

**GIVE TO
JESUS**

JOHN 15:4-5 ESV

⁴ Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. ⁵ I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.



HEALTHY RHYTHMS

1.

**BE WITH
JESUS**

2.

**BE WITH
JESUS PEOPLE**

ACTS 2:42 ESV

⁴² And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers.

HEBREWS 10:24–25 ESV

²⁴ And let us consider how to stir up one another to love and good works, ²⁵ not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.



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PHILIPPIANS 4:19 ESV

¹⁹ And my God will supply every
need of yours according to his
riches in glory in Christ Jesus.