

An underwater scene with a blue gradient background. The word "JONAH" is written in large, bold, dark blue capital letters across the center. The background features wavy lines and small, glowing particles, suggesting a deep-sea or ocean environment.

**JONAH**



*Jonah 2:1-10*

# JONAH

*Jonah's Distressed Prayer*



## **Jonah 1:17 ESV**

<sup>17</sup> And the Lord appointed a great fish to swallow up Jonah. And Jonah was in the belly of the fish three days and three nights.

An underwater photograph showing sunlight filtering through the water surface, creating a shimmering effect. The water is a deep blue color, and there are many small bubbles and particles visible throughout the scene.

## **Jonah 2:1 ESV**

<sup>1</sup> Then Jonah prayed to the Lord his God from the belly of the fish,



*Jonah 2:1-10*

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## **Jonah 2:2 ESV**

<sup>2</sup> “I called out to the Lord, out of my distress, and he answered me; out of the belly of Sheol I cried, and you heard my voice.



*Jonah 2:1-10*

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## **Jonah 2:2–9 ESV**

<sup>2</sup> “I called out to the Lord, out of my distress, and he answered me; out of the belly of Sheol I cried, and you heard my voice. <sup>3</sup> For you cast me into the deep, into the heart of the seas, and the flood surrounded me; all your waves and your billows passed over me. <sup>4</sup> Then I said, ‘I am driven away from your sight; yet I shall again look upon your holy temple.’ <sup>5</sup> The waters closed in over me to take my life; the deep surrounded me; weeds were wrapped about my head



<sup>6</sup> at the roots of the mountains. I went down to the land whose bars closed upon me forever; yet you brought up my life from the pit, O Lord my God.  
<sup>7</sup> When my life was fainting away, I remembered the Lord, and my prayer came to you, into your holy temple. <sup>8</sup> Those who pay regard to vain idols forsake their hope of steadfast love. <sup>9</sup> But I with the voice of thanksgiving will sacrifice to you; what I have vowed I will pay. Salvation belongs to the Lord!”



*Jonah 2:1-10*

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*Jonah's Distressed Prayer*





## **Jonah 2:10 ESV**

<sup>10</sup> And the Lord spoke to the fish, and it vomited Jonah out upon the dry land.



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*Jonah 2:1-10*

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