



**Session Five: "NOT YOUR OWN."  
Philippians 3:7-12  
Discussion Questions**

1. It seems that when Christians fall into sin they retreat. They retreat from God, their spouse, and their friends.
  - a. Why do you think this occurs?
  - b. What would you tell someone that might help them learn to move towards God and His people instead of away during those times?
  
2. What are some blocks to yearning for God in your own life? What do you think could help remove or tear down these blocks?
  
  
  
  
  
  
  
  
  
  
3. One of the main challenges of this text is to move things in your life you value and to see them as rubbish. That means moving things that may have driven you, even in good ways, for years, completely out of your life. What are some first steps to completing this task in dying to yourself?

**Memory Verse:**

"More than that, I count all things to be loss in view of the  
surpassing value of knowing Christ Jesus my Lord,  
for whom I have suffered the loss of all things,  
and count them but rubbish so that I may gain Christ,  
and may be found in Him,  
not having a righteousness of my own derived from the Law,  
but that which is through faith in Christ,  
the righteousness which comes from God on the basis of faith..."

(NASB, Philippians 3:8-9)