



May 2, 2026

Detox

Where To Begin

Proverbs 29:18 Message If people can't see what God is doing, they stumble all over themselves; But when they attend to what he reveals, they are most blessed.

Acts 2:17 NIV "In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams.

- Will it make me more like Christ?
- Do those in spiritual authority confirm it?
- Is it focused on others?

Genesis 37:5-7 NIV ⁵ Joseph had a dream, and when he told it to his brothers, they hated him all the more. ⁶ He said to them, "Listen to this dream I had: ⁷ We were binding sheaves of grain out in the field when suddenly my sheaf rose and stood upright, while your sheaves gathered around mine and bowed down to it."

Genesis 37:19-20 NIV ¹⁹ "Here comes that dreamer!" they said to each other. ²⁰ "Come now, let's kill him and throw him into one of these cisterns and say that a ferocious animal devoured him. Then we'll see what comes of his dreams."

DON'T GIVE UP ON YOUR DREAMS

1. Even if it didn't start off well.

1 Timothy 1:12-13 NIV ¹² I thank Christ Jesus our Lord, who has given me strength, that he considered me trustworthy, appointing me to his service. ¹³ Even though I was once a blasphemer and a persecutor and a violent man, I was shown mercy because I acted in ignorance and unbelief.

2. Even if the journey is full of surprises.

Sold into slavery to Potiphar.
Living in a strange country far from home.
Given favor in Potiphar's house.

Falsely accused by Potiphar's wife.
Thrown into prison.
Put in charge of all the prisoners.

Forgotten by the cupbearer.
Remained in prison two years longer.
Became second in command in Egypt.

Romans 8:28 NIV And we know that in all things God works for the good of those who love him, who^[a] have been called according to his purpose.

3. Even if it takes a long time to realize it.

Habakkuk 2:3 TLB ³ But these things I plan won't happen right away. Slowly, steadily, surely, the time approaches when the vision will be fulfilled. If it seems slow, do not despair, for these things will surely come to pass. Just be patient! They will not be overdue a single day!

Galatians 6:9 NIV Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

Before You Begin

1. Recognize and value the process.

1 Peter 1:17-18 NLT ⁶So be truly glad. There is wonderful joy ahead, even though you must endure many trials for a little while. ⁷These trials will show that your faith is genuine. It is being tested as fire tests and purifies gold—though your faith is far more precious than mere gold. So when your faith remains strong through many trials, it will bring you much praise and glory and honor on the day when Jesus Christ is revealed to the whole world.

James 1:2-3 NIV ²Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, ³because you know that the testing of your faith produces perseverance.

2. Refuse to let offense stop you.

Genesis 50:20 NIV You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives.

Luke 17:1 NKJV Then He said to the disciples, “It is impossible that no offenses should come...

Ephesians 6:12 NIV For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

3. Remember God is always with you.

Genesis 39:2 NIV The Lord was with Joseph so that he prospered...

Genesis 39:21 NIV the Lord was with him; he showed him kindness and granted him favor...

Psalms 139:8-10 NIV ⁸If I go up to the heavens, you are there; if I make my bed in the depths, you are there. ⁹If I rise on the wings of the dawn, if I settle on the far side of the sea, ¹⁰even there your hand will guide me, your right hand will hold me fast.

Psalms 46:1 NIV God is our refuge and strength, an ever-present help in trouble.

Isaiah 43:2 NIV When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.

Isaiah 43:5 NIV Do not be afraid, for I am with you;

Jeremiah 1:8 NIV Do not be afraid of them, for I am with you and will rescue you,” declares the Lord.

Jeremiah 1:19 NIV They will fight against you but will not overcome you, for I am with you and will rescue you,” declares the Lord.

Matthew 28:20 NIV and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”