



January 18, 2026

Pray First

Part 3: The Prayer of Jabez

1 Chronicles 4:9-10 NIV Jabez was more honorable than his brothers. His mother had named him Jabez, saying, "I gave birth to him in pain." Jabez cried out to the God of Israel, "Oh, that you would bless me and enlarge my territory! Let your hand be with me, and keep me from harm so that I will be free from pain." And God granted his request.

What kind of prayer should I pray when I'm in pain?

1. Pray for blessing.

Psalm 5:12 NIV Surely, O LORD, you bless the righteous; you surround them with your favor as with a shield.

Genesis 26:12-13 NKJV Then Isaac sowed in that land, and reaped in the same year a hundredfold; and the LORD blessed him. The man began to prosper, and continued prospering until he became very prosperous.

3 John 1:2 NKJV Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

Prosperity: Having more than I need so I can make an eternal difference in the lives of others.

Genesis 12:2 NLT I will bless you... and you will be a blessing to others.

Lord, bless me with more than I need so I can be a blessing to the world around me.

2. Pray for influence.

Ministry: Living out my faith for the benefit of others.

Ephesians 3:20 NIV Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.

Acts 2:17 NIV "In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams."

Lord, let me see what You see so that I can pursue all that You have for my life.

3. Pray for presence.

Acts 11:21 NIV The Lord's hand was with them and a great number of people believed and turned to the Lord. Anointing: Living my life with God's power so I can live a supernatural life.

Exodus 33:15 NIV Then Moses said to him, "If your Presence does not go with us, do not send us up from here."

2 Corinthians 3:5-6 NIV Not that we are competent in ourselves to claim anything for ourselves, but our competence comes from God. He has made us competent as ministers of a new covenant—not of the letter but of the Spirit; for the letter kills, but the Spirit gives life.

Lord, let Your hand be on me because what you've called me to is too big for me.

4. Pray for protection.

1 Peter 5:8-9 NIV Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith...

Spiritual Warfare: Confronting the enemy with the authority of God's Name, the truth of the Word, and power of the Cross.

Luke 10:19 NIV I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.

Lord, strengthen me in and rescue me from every attack of the enemy.