



TAKE & EAT

COMMUNION SUNDAY

1 Corinthians 11:23-26_(MSG)

Let me go over with you again exactly what goes on in the Lord's Supper and why it is so centrally important. I received my instructions from the Master himself and passed them on to you. The Master, Jesus, on the night of his betrayal, took bread. Having given thanks, he broke it and said, This is my body, broken for you. Do this to remember me.

After supper, he did the same thing with the cup: This cup is my blood, my new covenant with you. Each time you drink this cup, remember me.

What you must solemnly realize is that every time you eat this bread and every time you drink this cup, you reenact in your words and actions the death of the Master. You will be drawn back to this meal again and again until the Master returns. You must never let familiarity breed contempt.



1 Corinthians 11:27-32_(MSG)

Anyone who eats the bread or drinks the cup of the Master irreverently is like part of the crowd that jeered and spit on him at his death. Is that the kind of “remembrance” you want to be part of? Examine your motives, test your heart, come to this meal in holy awe.

If you give no thought (or worse, don't care) about the broken body of the Master when you eat and drink, you're running the risk of serious consequences. That's why so many of you even now are listless and sick, and others have gone to an early grave. If we get this straight now, we won't have to be straightened out later on. Better to be confronted by the Master now than to face a fiery confrontation later.



Deuteronomy 11:1-2 (NKJV)

Therefore, you shall love the LORD your God, and keep His charge, His statutes, His judgments, and His commandments always. Know today that *I do not speak* with your children, who have not known and who have not seen the chastening of the LORD your God, His greatness and His mighty hand and His outstretched arm— 3 His signs and His acts which He did in the midst of Egypt, to Pharaoh king of Egypt, and to all his land;



Deuteronomy 11:19 (NKJV)

You shall teach them to your children, speaking of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. ²⁰ And you shall write them on the doorposts of your house and on your gates, ²¹ that your days and the days of your children may be multiplied in the land of which the LORD swore to your fathers to give them, like the days of the heavens above the earth.



Memory shapes our present by creating
expectation for repetition.

What you allow your mind to dwell on shapes
your expectations and perception of the
world.



Philippians 4:8 (KJV)

Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.



“As you practice traveling down new pathways, you naturally weaken old pathways. As you think similar thoughts and feel similar feelings, you either create new habits or solidify old ones. Eventually through repetition and feeling intensity, your new habits run on autopilot.”

- Dr. Hillary Stokes



Colossians: 3:2-3 (NKJV)

Set your mind on things above, not on things on the earth. ³ For you died, and your life is hidden with Christ in God.



The power of a testimony is something
that will never depreciate.



Luke 22:41-44 (NKJV)

He knelt down and prayed, ⁴² saying, “Father, if it is Your will, take this cup away from Me; nevertheless, not My will, but Yours, be done.”
⁴³ Then an angel appeared to Him from heaven, strengthening Him. ⁴⁴ And being in agony, He prayed more earnestly. Then His sweat became like great drops of blood falling down to the ground.



1 Cor. 11:23-24 (MSG)

The Master, Jesus, on the night of his betrayal,
took bread. Having given thanks, he broke it



Psalm 78:4-8 (TPT)

We will continue to tell our children and not hide from the rising generation the great marvels of our God— his miracles and power that have brought us all this far. ⁵The story of Israel is a lesson in God's ways. He established decrees for Jacob and established the law in Israel, and he commanded our forefathers to teach them to their children. ⁶For perpetuity God's ways will be passed down from one generation to the next, even to those not yet born. ⁷In this way, every generation will set its hope in God and not forget his wonderful works but keep his commandments. ⁸By following his ways they will break the past bondage of their fickle fathers, who were a stubborn, rebellious generation and whose spirits strayed from the eternal God. They refused to love him with all their hearts.



Psalm 78:22 (TPT)

They turned away from faith and walked away in fear; they failed to trust in His power to help them when He was near.



Psalm 78:60-61 (TPT)

He abandoned the dwelling place at Shiloh...and gave up
His strength to captivity and His glory into the hand of the
adversary



Psalm 78:32 (TPT)

Even when they saw God's marvels, they refused to believe
God could care for them...





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