



LIFE GROUP NOTES
For week commencing: 30/06/2024

Holy Spirit

The Fruit of the Holy Spirit - Part 3

Life Group Activities

Use the Three Thirds structure for your gathering together.

Looking Back

- Mutual Care – How are you doing?

- Worship & Prayer
 - Worship
 - Pray
 - Communion

- Loving Accountability
 - How did you follow?
 - How did you fish? (Ask how many gospel shares in the last week)

- Vision Cast – Why are we meeting like this?
 - Talk about your vision for social events / outreach and how you will care and encourage one another.

Looking up

Discovery Bible Study The Fruit of the Holy Spirit

Some notes to help you are found below.

- Read Galatians 5:22-23
- How would you describe:
 - Faithfulness
 - Gentleness
 - Self-Control
- In what areas of your life is this fruit missing?
- What do you need to do to see more of the fruit of the Spirit in your life?
- Review what God has taught you over the last three weeks about the fruit of the Spirit.
- How are you going to apply this teaching to your life?

Looking Forward

- Practice – Practice the Three Circles or your People Map
- Set Goals:
 - Use C.O.S.T.
 - Connect – How am I going to connect with God this week?
 - Obey – How am I going to be obedient this week?
 - Share – Who am I going to share the gospel with or pray with this week?
 - Teach – Who can I encourage with this message this week?
- Pray together for the filling of the Holy Spirit

Preaching Notes for Reference

- Review the teaching so far
 - The coming of the Holy Spirit
 - The Person of the Holy Spirit
 - How to be Filled with the Holy Spirit
 - The Fruit of the Spirit – Part 1 – Love, Joy, Peace
 - The Fruit of the Spirit - Part 2 – Patience, Kindness, Goodness

The Fruit of the Holy Spirit – Part 3 – Faithfulness, Gentleness, and Self-Control

- It is through the fruit that the Holy Spirit produces in our lives that we can live a life that is free of the works of the flesh. Note that they are referred to as fruit, not fruits. They are not different fruits, it is one fruit with different attributes. We cannot pick and choose, so for example we cannot decide to love and not have self-control, we cannot choose joy and not choose patience. Every attribute of this fruit is expected to be present in the life of a believer.
- Note that verse 22 starts with a “But”. Paul is making a direct contrast between the fruit of the Spirit and the works of flesh. The two lists are incompatible. There is no middle ground. The fruit is the true hallmark of a believer (Matthew 7:15-22). Many times we focus on the gifts, but Jesus tells us to focus on the fruit.
- We do not produce the fruit ourselves. It is the Holy Spirit dwelling in us that produces the fruit.
- Faithfulness
 - pistis - conviction or belief in respect to God and Christ: Proverbs 20:6, Psalm 12:1-2, Revelation 2:10, Matthew 25:21,24-26, Hebrews 10:24-25, Ephesians 6:4, Tit 2:3-5, Ephesians 5:22-23; 6:1-3, Psalm 31:23, Proverbs 28:20
- Gentleness
 - prautes - gentleness; by implication humility: - meekness Numbers 12:3, Matthew 11:28-30, James 1:21, Galatians 6:1, 2Tim 2:24-25, 1 Peter 3:15, James 3:13-18, 1 Peter 3:1-6
- Self-Control
 - egkrateia - it comes Romans the word "kratos" (strength), and means "one holding himself in" - Robertson
 - Thayer defines it as: "the virtue of one who masters his desires and passions, especially his sensual appetites"
 - Galatians 5:19-20, Romans 8:11-14, Ephesians 3:16,20, Ephesians 6:12-18The Fruit of the Spirit is one Fruit but revealed in many different ways.
 - Galatians 5:22-25 NLT – Living by the Spirits Power

The 3Thirds Discipleship Model		
Look back	Look up	Look forward
<p>1. Mutual care: How are you doing?</p> <p>2. Worship: Praising God in a simple, relevant way.</p> <p>3. Accountability</p> <ul style="list-style-type: none"> ◦ <i>Follow:</i> How did you obey the lesson from last time? ◦ <i>Fish:</i> Did you pray with anyone who was in need? ◦ Did you share your story and/or Jesus' story? ◦ Did you find a person of peace? <p>4. Casting vision for reaching lost people and making disciples.</p>	<p>5. New lesson: Enough Biblical content to obey and pass it on.</p> <p>Use the Discovery Bible Study Method:</p> <ul style="list-style-type: none"> a. Read the Bible Story b. Ask them to re-tell the story in their own words c. Ask four questions <ul style="list-style-type: none"> i. What does this story tell us about God? ii. What does this story tell us about people? iii. Is there a command to obey or an example to follow or a promise to live by? iv. How does this apply to my life? 	<p>6. Practice the lesson until everyone is confident and competent to apply the learning. e.g. Retell your story, Jesus' story, or this week's story.</p> <p>7. Set goals</p> <p>Goals for personal growth, sharing the gospel, and training others.</p> <p>C.O.S.T. Connect Obey Share Teach</p> <p>8. Pray and Share Communion</p>
<p>1/3 of your time (e.g. 30 mins)</p>	<p>1/3 of your time (e.g. 30 mins)</p>	<p>1/3 of your time (e.g. 30 mins)</p>