

## **“Come up higher and change your perspective of worship pt 3”**

### **Freedom From Need-Based Spirituality**

Need-based spirituality always creates pressure.

Pressure to perform.

Pressure to prove sincerity.

Pressure to “do enough” so something happens.

But perfect love doesn’t produce pressure.

It produces rest.

Much of what we’ve called “hunger” has actually been anxiety—  
fear that He might not come unless we do something right.

*“Worship motivated by fear, guilt, shame, and condemnation is demonic.”*

When we worship from lack, we are still trying to earn nearness.

When we worship from love, we realize nearness was never in question.

*“If you are in Him and He is in you, then you are not desperate for anything.”*

You don’t have to beg The Father to come.

You don’t have to prove sincerity.

You don’t have to qualify yourself.

True worship doesn’t come from desperation—it comes from revelation.

*“Love never brings fear, for fear is always related to punishment. But love’s  
perfection drives the fear of punishment far from our hearts.”*

— **1 John 4:18 (TPT)**

### **Today’s Invitation**

Today, worship from rest.

If your mind wanders, return without shame.

If nothing “happens,” stay anyway.

Let worship become what it was always meant to be—  
communion, not negotiation.