

Below is a five-day review and study guide based on “*Seeing and Believing What’s Already Mine*” from Ephesians 1:15–2. Each day’s study highlights key themes, main points, and quotes to reinforce what we learned and help us in deeper engagement with the passage.

Five-Day Review & Study Guide

Day 1: “Because of This...”

Focus Passage: Ephesians 1:15–17 (TPT)

“Because of this, since I first heard about your strong faith in the Lord Jesus Christ and your tender love toward all His devoted ones, my heart is always full and overflowing with thanks to God for you as I constantly remember you in my prayers...”

Key Concepts:

- The phrase “Because of this” points back to all the blessings and privileges Paul described in Ephesians 1:1–14 (e.g., seated in sonship, being chosen, wrapped in Christ).
- Recognize that your identity (holy, blameless, completely loved, forgiven) was established before Paul’s prayer – it’s the foundation for living and praying from a place of victory.

Quotes:

- *“Because you have been blessed with every blessing... Because you are now seen as Holy with unstained innocence... Because your sin has been totally canceled... Because of ALL OF THIS... my heart is always full and overflowing with thanks to God.”*
- *“Your prayer life will change radically when you realize you’re praying from a position of completed victory as a son of the King!”*

Reflective Questions:

1. Which of the “Because of this” realities (e.g., chosen, forgiven, holy) resonates most with you today?
2. How does knowing these truths in advance change your perspective when you approach prayer?

Action Step:

- **Meditate** on Ephesians 1:1–14. Make a short list of “Because of this” statements personalized to your life (e.g., “Because I’m wrapped in Christ, I am forgiven and free.”).
- Journal your thoughts and observations.

Day 2: Declaring, Not Begging – The Spirit of Wisdom & Revelation

Focus Passage: Ephesians 1:17 (TPT)

“I pray that the Father of glory... would impart to you the riches of the Spirit of wisdom and the Spirit of revelation to know Him through your deepening intimacy with Him.”

Key Concepts:

- Paul’s prayer is more of a **declaration** over believers rather than a request for something new; it’s calling forth what has already been given.
- In the Aramaic text, the phrase can be understood as “I began confessing on your behalf and praying”—highlighting *spoken agreement* with God’s accomplished work.

Quotes:

- *“Your prayer life will change radically when you realize you’re praying from a position of completed victory as a son of the King!”*
- *“Paul wasn’t asking the Lord to give us anything new. He was praying for us to receive a revelation of what is already ours.”*

Reflective Questions:

1. How does viewing prayer as *declaring what’s already true* reshape your approach to intercession?
2. In what areas of your life do you need to stop begging and start declaring God’s promises?

Action Step:

- Write a short **declaration** over a specific situation (family, finances, health). Speak it daily, using Scripture to affirm that wisdom and revelation already belong to you in Christ.

Day 3: Praying from the Finished Work

Focus Passage: Ephesians 1:8–9 (TPT)

“This superabundant grace is already powerfully working in us, releasing within us all forms of wisdom and practical understanding...”

Key Concepts:

- New Testament prayer is rooted in the **finished work** of Jesus, not in trying to persuade God to act.
- Genuine intercession involves aligning with what Christ has accomplished and declaring it into situations.

Quotes:

- *“New Testament prayer isn’t begging God to move, but believing what He’s already provided by grace through Jesus.”*
- *“Effective prayer comes from knowing you are praying from a finished work, not trying to finish it yourself.”*

Reflective Questions:

1. How does realizing Christ’s work is “already finished” change your sense of urgency or desperation in prayer?
2. Can you identify old patterns of prayer that sound like begging or pleading, rather than standing in victory?

Action Step:

- **Reframe** a current prayer request. Instead of saying, “God, please do ___,” write it as a declaration of what Jesus has already provided: “Lord, I thank You that You’ve already done ___ , and I stand in agreement with Your finished work.”

Day 4: Deepening Intimacy – Wisdom, Revelation & Experience

Focus Passage: Ephesians 1:17–18 (TPT)

“...to know Him through your deepening intimacy with Him. I pray that the light of God will illuminate the eyes of your imagination...”

Key Concepts:

- Wisdom (practical insight) and revelation (uncovering what already exists) lead to **deepening intimacy** with God.
- “Epignósis” (knowledge) implies experiential, relational understanding—not just head knowledge.

Quotes:

- *“Intimacy with God is about relationship, not ritual. Knowing Him personally changes everything.”*
- *“There’s a level of encounter and intimacy with the Father available to us that can literally reshape our entire lives.”*

Reflective Questions:

1. What does “deepening intimacy” with God look like in your daily routine?
2. How might focusing on God’s nature (rather than your performance) shift your personal times of devotion or worship?

Action Step:

- Spend **15 minutes** in silence today, asking the Holy Spirit to illuminate any area where you need deeper intimacy. Jot down impressions or Scriptures that come to mind.

Day 5: Focus, Fascination & Overcoming Complacency

Focus Passage: Ephesians 1:19–20 (TPT)

“...that you will continually experience the immeasurable greatness of God’s power made available to you through faith... Then your lives will be an advertisement of this immense power...”

Key Concepts:

- **Fascination** with Jesus dispels spiritual complacency. When our focus is on Him, we rediscover passion and purpose.
- The result of walking in revelation is a life that advertises God’s power—showing others what Christ has finished.

Quotes:

- *“Fascination and focus are very similar... we were created to be fascinated with Him.”*
- *“Your life will actually be an advertisement for the finished work of Christ.”*

Reflective Questions:

1. Where have you allowed complacency to creep in?
2. How can you intentionally restore your “first love” focus on Jesus each day?

Action Step:

- **Identify** one area of complacency (prayer, worship, Bible reading, relationships) and **implement** a daily action to regain fascination (e.g., set a brief worship break during lunch, memorize a Scripture that stirs your passion for God).

Closing Thoughts

Over these five days, you’ve explored:

1. **The foundation** of your identity (“Because of this...”).
2. **Prayer as declaration**, not desperation.
3. **Standing in Christ’s finished work** for effective intercession.
4. **Deepening intimacy** through wisdom and revelation.
5. **Overcoming complacency** by renewing your fascination with Jesus.

As you revisit each day’s insights, ask the Holy Spirit for continued revelation and practical ways to walk in what is **already** yours in Christ. Remember Paul’s example of **confessing** over believers—speak God’s truth about yourself, your loved ones, and your circumstances. Let the **spirit of wisdom and revelation** transform your mindset and empower you to experience God’s fullness daily.

Additional Resources:

Seeing and Believing What's Already Mine

Ephesians 1:15–20 TPT

¹⁵ Because of this, since I first heard about your strong faith in the Lord Jesus Christ and your tender love toward all his devoted ones, ¹⁶ my heart is always full and overflowing with thanks to God for you as I constantly remember you in my prayers. ¹⁷ I pray that the Father of glory, the God of our Lord Jesus Christ, would impart to you the riches of the Spirit of wisdom and the Spirit of revelation to know him through your deepening intimacy with him.

¹⁸ I pray that the light of God will illuminate the eyes of your imagination, flooding you with light, until you experience the full revelation of the hope of his calling —that is, the wealth of God's glorious inheritances that he finds in us, his holy ones!

¹⁹ I pray that you will continually experience the immeasurable greatness of God's power made available to you through faith. Then your lives will be an advertisement of this immense power as it works through you! This is the mighty power ²⁰ that was released when God raised Christ from the dead and exalted him to the place of highest honor and supreme authority in the heavenly realm!

[Ephesians 1:15–17](#) (TPT)

¹⁵ **Because of this**, since I first heard about your strong faith in the Lord Jesus Christ and your tender love toward all his devoted ones, ¹⁶ my heart is always full and overflowing with thanks to God for you as I constantly remember you in my prayers. ¹⁷

- “Because of this”...
 - Paul just finished explaining what it means to be Seated in Sonship and all that comes with the position we have been placed in..
 - BECAUSE you have been made holy, blessed with every blessing, chosen, wrapped in Christ. BECAUSE you are now seen as Holy with unstained innocence in His eyes! BECAUSE The Father Loves you as much as He loves Jesus! BECAUSE your sin has been totally cancelled and His Superabundant Grace is powerfully working in you...
- Because of ALL OF THIS... ¹⁶ my heart is always full and overflowing with thanks to God for you as I constantly remember you in my prayers. ¹⁷
- “constantly remember you in my prayers”. The literal Aramaic text can be translated “**I began confessing on your behalf and praying.**”

I pray that the Father of glory, the God of our Lord Jesus Christ, would impart to you the riches of the Spirit of wisdom and the Spirit of revelation to know him through your deepening intimacy with him.

- Paul is declaring over them that they would walk in the spirit of wisdom and revelation that has already been made available to them.

- Paul wasn't asking for something new, but that the revelation of what God has already done and is now resident within us would begin to come out.

Ephesians 1:8–9 TPT

⁸ This superabundant grace is already powerfully working in us, releasing within us all forms of **wisdom** and **practical understanding**. ⁹ And through the revelation of the Anointed One, he unveiled his secret desires to us —the hidden mystery of his long-range plan, which he was delighted to implement from the very beginning of time.

- Paul was confessing, declaring on their behalf that they would realize what has already been made available within them by The Spirit.

This type of prayers is declaring the things Jesus has accomplished over the focus of your prayer.

- Family, Bodies, Finances, business, ministry, etc...

New Testament prayer is powerful because it is grounded in the Finished Work of Christ backed by our identity in Christ!

- Intercession is needed, it is vital, and it is powerful... If done from the right place.
- This is how we “pray” for family and friends who are not walking with Jesus.
- New Testament prayer isn't begging God to move, but believing what He's already provided by Grace through Jesus.

› **Effective prayer comes from knowing you are praying from a finished work, not trying to finish it yourself.**

- “Your prayer life will change radically when you realize you're praying from a position of completed victory as a son of the King!

Use of the word “spirit”. the Spirit of wisdom and the Spirit of revelation

- The word “spirit” is used in different ways in the bible. The dominant usage is to refer to either the Spirit of God or the spirit of man.
- The word “spirit” can also describe a “mental disposition” according to Strong's concordance. This is how Paul was using the word in this passage.
- We already have wisdom in our born again spirits. It comes as a part of salvation. We have to draw these out of our spirits and get them into our minds and bodies to receive the benefits of this life.
- Paul was praying that what IS ALREADY TRUE in our spirits will become actually form our thought process which will change our perspective, which will intern change or manifest the reality of what Jesus has accomplished.
- Wisdom: Practical insight. Workable principles.
- Revelation: You cannot get a revelation of something that doesn't already exist. The Greek word “APOKALUPSIS,” translated “revelation” here, means “disclosure” (Strong's Concordance). It is derived from the Greek word that means “to take off the cover” (Strong's Concordance). Paul wasn't praying for the Lord to give us anything new. He was praying for us to receive a revelation of what is already ours.

I pray that the Father of glory, the God of our Lord Jesus Christ, would impart to you the riches of the Spirit of wisdom and the Spirit of revelation to know him through your deepening intimacy with him.

- What would the result be? That they would know Him through a deepening intimacy.
- Know or knowledge; *epignōseōs*. To understand, to grasp or ascertain; especially to be **familiar or acquainted with a person or thing**.
- He talking about an experience.
- “Intimacy with God is about relationship, not ritual. Knowing Him personally changes everything.”
- “Intimacy with Jesus is the gate to everything we were designed to experience in the Kingdom.”
- “There’s a level of encounter and intimacy with the Father available to us that can literally reshape our entire lives.”