



EMBRACING *Change*

DAILY DEVOTIONALS

Part 1

Stepping Into Your Suddenly

"Behold, I will do a new thing... I will even make a road in the wilderness and rivers in the desert. — Isaiah 43:19"

DAY 1

Stop Trapping God in a Historical Move

Part 1 · Embracing Change: Stepping Into Your Suddenly

SCRIPTURE

Isaiah 43:18-19 (NKJV)

"Do not remember the former things, nor consider the things of old. Behold, I will do a new thing, now it shall spring forth; shall you not know it? I will even make a road in the wilderness and rivers in the desert."

DEVOTIONAL

God is not asking Israel to forget His faithfulness. He's asking them to stop expecting Him to repeat Himself. They were delivered once by a sea that split open. Now He's making a road in a wilderness — no sea required.

This is where most of us get stuck. We don't just remember what God did. We turn it into a formula. We decide that's how He moves, and we start watching for the replay instead of the new thing already springing up in front of us. The greatest threat to your next breakthrough is not opposition. It's your attachment to your last one.

A renewed mind doesn't ask, "Has He done this before?" It asks, "What is He doing now?" Your faith is anchored to His unchanging character — not to His methods.

REFLECTION

1. What is the "former thing" you've turned into a formula for how God has to move?
2. What would it take to anchor your faith to who God is rather than how He's worked before?

PRAYER

Father, You are not bound by the patterns of Your past faithfulness. I will not trap You in a historical move. My faith is anchored to who You are, not to how You've worked before. I see the road in the wilderness, and I walk it. In Jesus' Name, Amen.

TODAY'S STEP

Identify the specific way you expect God to move based on past experience. Speak this out loud: "God, I will not box You into how You've moved before."

DAY 2

The Real Enemy Is Closer Than You Think

Part 1 · Embracing Change: Stepping Into Your Suddenly

SCRIPTURE

Romans 8:5-6 (NKJV)

"For those who live according to the flesh set their mind on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. For to be carnally minded is death, but to be spiritually minded is life and peace."

DEVOTIONAL

The enemy is not the reason you haven't broken through. He's not powerful enough to stop what God has for you. That's not what's standing in the way.

The real resistance is the carnal mind — not sinful, just natural. Limited to what can be seen, measured, and explained. Paul doesn't call it weak or misguided. He calls it enmity against God — active warfare, not passive confusion. A mind processing purely on the natural level is not neutral. It is at war with the purpose of God, even in people who love Him.

There is no middle ground here. The mind is either at war or it is being renewed. Stop handing the blame to darkness outside of you and start taking authority over the thinking inside of you. That's not condemnation — that's the place where dominion actually begins.

REFLECTION

1. Where have you assigned to "spiritual opposition" what is actually unrenewed thinking?
2. What does it look like to take authority over your thought process instead of waiting for resistance to clear?

PRAYER

Father, I declare that my mind is being renewed, not warring against You. I take authority over carnal thinking and I set my mind on the Spirit — life and peace, not death. I am not a victim of darkness. I govern my thoughts from the mind of Christ. In Jesus' Name, Amen.

TODAY'S STEP

Catch one purely natural thought today — "this can't work," "there's no way through this" — and declare out loud: "I think on the level I've been anointed to think on."

DAY 3

You Have the Receiver

Part 1 · Embracing Change: Stepping Into Your Suddenly

SCRIPTURE

1 Corinthians 2:14, 16 (NKJV)

"But the natural man does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know them, because they are spiritually discerned... But we have the mind of Christ."

DEVOTIONAL

There are frequencies moving through this room right now that you cannot see. Signals, sound waves, transmissions — all real, all present, none of them perceptible without a receiver built to pick them up. You're not missing them because they aren't there. You're missing them because you're not tuned in.

That's what Paul means by spiritually discerned. The things of God aren't vague. They exist on a frequency the natural mind was never built to access. Before you were born again, you didn't just disagree with spiritual things — you lacked the capacity to receive them at all.

You have that capacity now. You are not on the outside trying to break in. You have the mind of Christ. That is not a future reward for getting your thinking together. It is a present reality you already carry.

REFLECTION

1. Where have you written something off as foolishness simply because you weren't tuned in to perceive it?
2. What changes when you stop trying to figure something out naturally and start discerning it spiritually?

PRAYER

Father, I have the mind of Christ — not someday, but now. I am tuned to the frequency You're moving on. What is foolishness to the natural man is clarity to me, because I am spiritually discerning what You are doing. In Jesus' Name, Amen.

TODAY'S STEP

Before checking your phone this morning, declare out loud: "I have the mind of Christ. I am tuned to what the Spirit is saying today." Then go about your morning expecting to perceive it.

DAY 4

Tested Like Gold, Proven as Genuine

Part 1 · Embracing Change: Stepping Into Your Suddenly

SCRIPTURE

Romans 12:2 (NKJV)

"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

DEVOTIONAL

The word translated "prove" here is dokimazo — the word ancient goldsmiths used when they put metal into fire to burn off everything that wasn't gold. Once it passed the test, it was stamped as genuine currency.

That is the process of a renewed mind. The Spirit discerns the promise. Your thinking proves it — holding it against fear until the fear is what gives way, not the promise. And once the mind stamps it as genuine, the will surrenders to it without restriction. That's the part almost no one talks about: an unrenewed mind will not allow the breakthrough, because it insists on control. A renewed mind drops its guard the moment it knows the promise is safe.

This is not a flash of feeling. It is a process that ends in a verdict — and the verdict is settled: this is the good, acceptable, and perfect will of God, and we are walking in it now.

REFLECTION

1. What promise has the Spirit shown you that your mind hasn't finished proving yet?
2. Where are you still gripping control instead of allowing the breakthrough to flow?

PRAYER

Father, Your will for me is good, acceptable, and perfect — proven, tested, and settled. I release control. I drop every carnal weapon and allow the finished work of Christ to flow without restriction. I call it gold, because You have already proven it so. In Jesus' Name, Amen.

TODAY'S STEP

Take one promise God has spoken over your situation. Speak it out loud three times today as a settled verdict, not a hopeful request: "This is the good, acceptable, and perfect will of God for me."

DAY 5

Already, Not Becoming

Part 1 · Embracing Change: Stepping Into Your Suddenly

SCRIPTURE

1 Corinthians 2:16 (NKJV)

"For 'who has known the mind of the LORD, that he may instruct Him?' But we have the mind of Christ."

DEVOTIONAL

Paul doesn't end this chapter with another argument. He ends it with a declaration. After unpacking the natural mind, the spiritual mind, the frequency only the Spirit can discern — he lands here: we have the mind of Christ.

Not earned. Not arrived at after enough effort renewing our thinking. Already true, right now, for every believer in this room. The renewing of the mind isn't the process of becoming someone you're not yet. It's the process of learning to think like who you already are.

We don't work toward the mind of Christ. We work from it. That changes everything about how we face a sudden season, a wilderness, a new thing we didn't see coming. We are not trying to catch up to what God is doing. We already have the capacity to perceive it.

REFLECTION

1. Where have you been treating a renewed mind as a destination instead of a present possession?
2. What does it look like this week to think from the mind of Christ rather than work toward it?

PRAYER

Father, I declare what is already true: I have the mind of Christ. I am not becoming — I already am. I think, perceive, and discern from that reality today and every day going forward. In Jesus' Name, Amen.

TODAY'S STEP

Say it out loud once, with no qualifier and no explanation: "I have the mind of Christ." Let it stand as settled fact.

EMBRACING CHANGE · PART 1

Study Guide

The Carnal Mind vs. The Renewed Mind

"The enemy is not stopping you from what God has for you. The real enemy is the carnal mind."

SECTION 1

The Foundation: The Carnal Mind Is the Real Opposition

Change is not optional. It is inevitable, and what feels sudden to us was never sudden to God — it was a process He walked us through to get us to a place He could finally move. The real obstacle to that breakthrough is not the enemy. The enemy is not powerful enough to stop what God has for you. The real obstacle is the carnal mind — natural, limited, unrenewed thinking that processes everything according to what can be seen, explained, and controlled.

This shifts the responsibility. It is no longer about a victim narrative where darkness is too strong. It is about a mind that has not yet learned to think on the level it has been anointed to think on.

KEY INSIGHT

“The enemy is not stopping you from what God has for you. The real enemy is the carnal mind.”

SECTION 2

Defining the Terms: Carnal vs. Spiritual

Carnal Mind vs. Spiritually Discerned

Carnal Mind (phronema tes sarkos) — From two Greek words combined to describe a mindset whose governance, processing, and intentions are entirely dominated by the limitations of the flesh. It is not synonymous with sinful. It simply means natural — processing reality with the supernatural removed from the equation.

- **What it is:** A thought-life confined to natural senses, logic, and past experience.
- **What it produces:** Enmity against God — not passive disagreement, but active, declared war against His purpose, even in believers who love Him.
- **How it shows up:** Criticizing what isn't understood. Losing peace. Demanding that God function within the limits of natural reasoning.

Spiritually Discerned (pneumatikos anakrinetai) — Pneumatikos describes the frequency or realm in which an action takes place: by the power of the Holy Spirit, entirely outside natural capacity. Anakrino is a courtroom term — to cross-examine, sift, and determine the true value of evidence.

- **What it is:** Truths that must be evaluated on the frequency of the Holy Spirit, not the frequency of natural logic.
- **What it produces:** Discernment a born-again spirit has access to, that a natural mind cannot reach — not because it disagrees, but because it lacks the receiver.
- **How it shows up:** A believer who stops cross-examining the promises of God and starts perceiving by the Spirit.

The carnal mind puts the things of God on trial in a physical courtroom. The renewed mind judges all things, because it operates on a frequency only the Spirit can tune into.

SECTION 3

The Main Points: Recognizing Your Suddenly

You Cannot Discern the New While Gripping the Old

- Isaiah 43 — Israel is told, “Do not remember the former things, nor consider the things of old,” immediately after a recounting of God's past faithfulness.
- This is not erasing testimony. It is releasing the expectation that God will repeat His method. He parted a sea once. This time, He's making a road in a wilderness — no sea required.
- “The greatest threat to your sudden breakthrough is your infatuation with your past breakthroughs.”

Suddenly Is Never Actually Sudden

- What looks sudden to us is the end of a process God has been orchestrating. The day of Pentecost looked sudden, but there were things that led up to it.
- God brings suddenly to move us out of bondage into freedom, and out of complacency into destiny — because complacency, not crisis, is often the real obstacle to purpose.

Yada — Will You Experientially Know It?

- Isaiah 43:19 AMP: “Will you not perceive and know it...?” The Hebrew word is yada — to know experientially, intimately, by firsthand encounter.
- God is not asking for intellectual awareness. He is asking whether you will personally taste, experience, and possess what He's doing — not just explain it.

The So What: You will never discern God's next move while you're still scanning for a repeat of His last one. Anchor your faith to His unchanging character, not His historical methods — and stay open enough to actually experience what He's doing now.

SECTION 4

The Mechanism: Dokimazo — How a Mind Gets Renewed

Romans 12:2 turns on one Greek word: dokimazo — used by ancient goldsmiths who put metal into fire to burn off the dross and prove what was genuine gold. Because the word is so layered, different translations isolate different stages of the same process.

1. **Discern (The Spirit's Spark):** You stop analyzing the situation through natural logic or past trauma. By the power of the Holy Spirit, you get a flash of divine perception — you begin to see the gold of the Word.
2. **Prove (The Mind's Processing):** You take what the Spirit illuminated and put it to the test in the crucible of daily thinking. You meditate on it, stand on it, and weigh it against carnal fear until the fear bows — not the promise.
3. **Approve (The Verdict of Authenticity):** Once metal passed the fire, the goldsmith stamped it as genuine currency. This is the moment your mind overrides the carnal courtroom and renders a verdict: this is the genuine will of God.
4. **Allow (The Will's Surrender):** In the original 1611 King James, dokimazo was translated “allow.” You cannot surrender to something you secretly fear will hurt you. Once the mind proves God's will is safe and good, the carnal weapons drop.
5. **Know (The Experiential Anchor — Yada):** The NLT renders this verse, “...then you will learn to know God's will.” Head knowledge can be cross-examined and argued down. An experience cannot be touched.

SECTION 5

The Declaration: Governing the Mouth, Governing the Mind

The mind is either at war with God or it is being renewed. There is no middle ground. Once a promise has been discerned, proved, and approved, it must be declared — spoken, not just believed silently.

1 Corinthians 2:16 (NKJV) — “For ‘who has known the mind of the LORD, that he may instruct Him?’ But we have the mind of Christ.”

This is not a future reward for thinking correctly long enough. It is a present possession. The declaration is simple and settled: I have the mind of Christ. Not becoming — already.

The Litmus Test — Philippians 4:8 Checklist:

Before allowing a thought to take up residence, run it through this filter:

- Is it True?
- Is it Noble?
- Is it Just?
- Is it Pure?
- Is it Lovely?
- Is it of Good Report?
- Is there any Virtue?
- Is it Praiseworthy?

SECTION 6

Kingdom Discipline: Living From a Renewed Mind

Stop Building Formulas

Refuse to turn a single past breakthrough into a required pattern for every future one. The moment you try to box God into a formula is the moment He moves outside the box — on purpose.

Take Authority, Not Offense

When a natural thought rises — fear, doubt, “this won’t work” — don’t argue with it in your head. Declare out loud, “I think on the level I’ve been anointed to think on.” Spoken truth carries authority that silent thought does not.

Let the Word Stand Trial — and Win

When a promise is tested against fear, don’t rush the verdict. Stay in the proving process until your mind renders the verdict itself: this is the good, acceptable, and perfect will of God. Then let your will surrender to it without restriction.

Expect to Perceive, Not Just to Understand

Before reaching for your phone or your to-do list, ask the Holy Spirit what He wants you to see. You are not locked outside what God is doing. You have the receiver. Expect to pick up the frequency.

SECTION 7

Reflection & Application

1. Identify the Formula

What past breakthrough have you quietly turned into a required pattern for how God has to move next? Name the formula specifically — the words, the method, the circumstances — and consider what it would mean to release

your grip on it.

2. Locate the Complacency

Where have you settled for “good enough” because it was easier than where you came from? Is there a place of comfort that has actually become a place of stalled purpose?

3. Run the Dokimazo Process

Take one promise the Spirit has shown you. Where are you in the process — discerning, proving, approving, allowing, or knowing it experientially? What carnal fear is still standing between you and the next stage?

4. Declare the Verdict

What carnal thought has had the loudest voice in your mind this week? Write the specific declaration that overrides it — rooted in the truth that you already have the mind of Christ — and decide where and how you will speak it out loud.

SUMMARY

The carnal mind is not defeated by trying harder. It is overridden by a mind being renewed — discerning, proving, approving, allowing, and experientially knowing what God has already declared true. You are not working toward the mind of Christ. You already have it. The suddenly you're waiting for is not behind a fight with the enemy. It's on the other side of a renewed mind.