

## The Power to Change — Week 6 You in Five Years

**In Five Years, Where Will You Be ...**

- Spiritually
- Relationally
- Financially
- Physically

**The habits you have today will shape who you become tomorrow.**

**Do you like the direction your habits are taking you?**

*Do not be deceived: God cannot be mocked. A man reaps what he sows. <sup>8</sup>Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. <sup>9</sup>Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.*

Galatians 6:7-9 NIV

**Real and lasting change isn't behavior modification. It's spiritual transformation.**

**You do what you do because of what you think of you.**

- Spiritual Who
- Spiritual Why
- Spiritual What
- Spiritual What Not
- Spiritual How
- Spiritual Impact

**Laws of Sowing and Reaping**

1. You reap what you sow.
2. You reap more than you sow.
3. You reap after you sow.

1. You reap what you sow.

*“But you have planted wickedness, you have reaped evil ...”*

Hosea 10:13 NIV

**If you don't like what you're reaping, change what you're sowing.**

2. You reap more than you sow.

*“And the seed that fell on good soil represents those who hear and accept God's word and produce a harvest of thirty, sixty, or even a hundred times as much as had been planted!” Mark 4:20 NLT*

**Small, Smart Choices + Consistency + Time = Radical Difference**

—*The Compound Effect*, by Darren Hardy

3. You reap after you sow.

**Our lives are the sum total of all the small decisions we make.**

**We don't judge the success of the day by the harvest we reap, but by the seeds we sow.**

*Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.*  
Galatians 6:9 NIV

### TALK IT OVER

Read **Galatians 6:7-9**. What are some of the good things you're currently doing? How could God use those habits to positively impact your future?

Share about a time when your hard work paid off. What were some of the things you did to be successful? How did you see God at work?

Talk some more about how you want your life to look in five years. What are some small habits you can start today to move in that direction?

Start *The Power to Change* Bible Plan using Plans With Friends: [www.go2.lc/powertochange](http://www.go2.lc/powertochange)