



## **Session Two: How to Repent**

1. What is the first thing that comes to your mind when you hear the word “repent”?
2. How is confessing and repentance different?
3. Does knowing that God has already forgiven you make you want to “sin” more or less?
4. Read 1 John 1:9. Discuss the pattern pastor Scott outlined?
5. Having someone you can “confess” to will change your life. Is that true or scary?