

# 08/24/25 Message

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Part of Faith Over Fear

August 23, 2025

## Message: I Feel Good

### Series: Faith Over Feelings

## Review

The first message in this series was called You've Arrived! Behind the title, it was a message about where you are in this moment, every decision, every action, everything you've done up to this moment has led you to where you are.

Do you like where you are?

Does God like where you are?

If not, where you are doesn't have to be your destination; if you're saved, your destination is heaven. Anywhere in between is just a stop on the way, so keep pressing on. You keep on keeping on by deciding to change. It's a great picture of repentance. The only people who put it in park and simply become okay with staying where they are, are dead. Because where you are isn't the destination God planned for you!

## Do You Feel Good

Spiritually, do you feel good this morning?

### ***Psalm 118:24***

- (NLT)

- This is the day the Lord has made. We will rejoice and be glad in it.

- (GNT)

- This is the day of the LORD's victory; let us be happy, let us celebrate!

*What if we approached every day like this. Today doesn't belong to me, it belongs to God and He gave it to me! So,*

*let's rejoice and be glad! Let's celebrate! If we think about it, Jesus took on our sin and died on a cross, paying the price that we deserve to pay, but He did it for us. He died a sinner's death, and His body was buried in sinner's grave, and His spirit was sent to a sinner's hell. Oh, that's bad! No, that's good! Because Jesus had to go where Satan was to convict and sentence him. It was the ultimate defeat, taking away Satan's power for eternity, and stripping him of power over people. From that moment on, the only power Satan has is the power you and I give him in our lives, otherwise he is powerless! Death, hell, and the grave were all defeated by Jesus each and every day from then on, is a day to live in victory! I want you to leave here this morning with some take-aways to help you live each day under the reality of God's victory.*

*—Pastor Chad*

## **Living in the Reality of God's Victory**

- MOMENTS shouldn't rewrite your mood

*Ever been around one of those folks, when life throws a curve ball, it's always the worst moment in their life. Literally, it's like their world is coming to an end because everything didn't go their way. It's that whole me, myself, and I conundrum. And realistically, you may not be thinking of someone else because the someone else just might be you.*

*—Pastor Chad*

### ***Philippians 4:11-13 (NIV)***

11 I am not saying this because I am in need, for I have learned to be content whatever the circumstances.

12 I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

13 I can do all this through him who gives me strength.

*Philippians 4:13 is my absolute favorite verse in the entire*

*Bible. I had it engraved on one of my first wallets because it means so much to me. It's our "go to" verse when we need that extra "umph" to get something done... to remind ourselves we can do this! It's usually to overcome an obstacle or a detour in life, but that verse was written by Paul to mean so much more. See, Paul never meant for this to be a promise of unlimited personal empowerment. Paul meant it to be a reminder that if you're a believer and follower of Jesus, through Him you can find strength and contentment to do what God intends for you to do, regardless of where you are in life. We make it about us and where we are in the moment, but Paul meant it to be about God, and where He wants us to be and what He wants us to do His will for our life! Indirectly, Paul is saying your mood shouldn't be ruled by the moment you're in because it's not about you it's about your Creator, your King, your Savior and through Him, you have power to fulfill God's will for your life. That's where we come in. We should seek His will for our life. Not my will, not my plans, not me, myself, and I, but His! Because our mood will always change based on the moment when we live for ourselves. But our mood, emotionally and spiritually, shouldn't change when we live for Him because I can do all things through Him and for Him who gives me strength!*

*—Pastor Chad*

Does that describe you?

Do others use those words to describe your life?

Your mood shouldn't change by the moment.

Moments shouldn't rewrite your mood!

- GRATITUDE rewrites your mood

*Showing thankfulness can transform hearts, minds, and even circumstances.*

*—author unknown*

What is God's will for your life?

God's will for you may be vastly different than God's will for others

except for a few instances, here's one for instance:

**1 Thessalonians 5:16-18 (NLT)**

16 Always be joyful.

17 Never stop praying.

18 Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

*In this passage, it's clear, when it seems you have nothing else to be thankful for be thankful that you belong to Jesus! We're not thankful for perfect; life isn't perfect. Some folks go all their life working hard to find perfect. Perfect grades. Perfect college. Perfect job. Perfect relationship. Perfect car. Perfect house. Perfect life, but life isn't perfect! Until heaven (and heaven isn't possible without Jesus)!*

—Pastor Chad

Gratitude rewrites your mood!

- PRAISE rewrites your mood

**Isaiah 61:1,3 (NIV)**

1 ...He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners,

3 ...to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair...

*This tells us to put on a garment of praise instead of a spirit of despair. It's called a spiritual exchange. It's a direct replacement. Replace despair with praise and it changes your mood!*

—Pastor Chad

**Psalms 42:5 (NIV)**

Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise Him, my Savior and my God.

*The writer is in a bad place. His soul is sad. His spirit is troubled. In the face of all that junk, he shows that praise is a deliberate, intentional response to discouragement.*

*He shows that there is a connection between praise and hope! Check out Psalm 149, it's a psalm of praise. In verse 6 the writer links praise with a sword.*

*—Pastor Chad*

***Psalm 149:6 (NLT)***

Let the praises of God be in their mouths, and a sharp sword in their hands

*He says with that combination, the enemy is punished, the enemy is bound, the enemy is defeated! Not sure if you caught the link there, but the sword mentioned directly connects with the sword of the Spirit in Ephesians 6:17 being part of the armor of God and the sword of the Spirit is God's Word, it's the Bible. We should praise God, Bible in hand, fighting the enemy until victory! That's praise with hope! That's putting on a garment of praise!*

*—Pastor Chad*

That's letting praise rewrite your mood!

That's when...

- VICTORY rewrites your mood

***1 Corinthians 15:57 (NIV)***

But thanks be to God! He gives us the victory through our Lord Jesus Christ.

*Victory is ours through Jesus! Not victory to come, not in the future, but victory is ours now, in this moment. Victory has been ours since Jesus died on a cross and three days later walked out of the tomb! That truth fuels our gratitude and shifts our emotional state from defeat to praise! That truth gives us the ability to feel good and live it out each and every day so you can say with confidence: I feel good!*

*—Pastor Chad*

In the beginning the question was asked:

- Spiritually, do you feel good this morning?

Do you?

*I'll make it easier - take one of the "o's" out. Do you feel  
God?*

*—Pastor Chad*

Are you where you need to be in your relationship with Jesus?