02/07/21 Message

Part of Win the Day February 6, 2021

Message: Form Different Habits

Series: Win the Day

Recap: We're in the 3rd message in our *Win the Day* series, based around the namesake book from Mark Batterson. We live in a negative culture and we need a win! We need something to celebrate; we need a victory! It starts when we win the day, one day at a time. Using Biblical principles for changing sides (moving from the losing side to the wining side), together we will learn to stress less and accomplish more in 2021.

Introduction

 Forming new habits means we have to change; it requires us to do something <u>DIFFERENT</u>

The chains of habit are too weak to be felt until they are too strong to be broken.

—Samuel Johnson

Most of us fail to recognize our "habits" as an actual habit. It's just what we do, sometimes without thinking. It's just a HABIT!

Watch your thoughts – they become words.

Watch your words – they become actions.

Watch your actions – they become habits.

Watch your habits – they become character.

Watch your character – it becomes your destiny.

—Frank Outlaw

What if the people around you each and every week just stand back and observe you? They casually listen to what you say. They see what you do. All the watching and all the listening – and based on your habits, they decide whether or not you are a follower of Jesus Christ or

Paul's Letter to Colossae

Colossians 3:1-17 (NLT)

- 1 Since you have been raised to new life with Christ, set your sights on the realities of heaven, where Christ sits in the place of honor at God's right hand.
- 2 Think about the things of heaven, not the things of earth.
- 3 For you died to this life, and your real life is hidden with Christ in God.
- 4 And when Christ, who is your life, is revealed to the whole world, you will share in all his glory.
- 5 So put to death the sinful, earthly things lurking within you. Have nothing to do with sexual immorality, impurity, lust, and evil desires. Don't be greedy, for a greedy person is an idolater, worshiping the things of this world.
- 6 Because of these sins, the anger of God is coming.
- 7 You used to do these things when your life was still part of this world.
- 8 But now is the time to get rid of anger, rage, malicious behavior, slander, and dirty language.
- 9 Don't lie to each other, for you have stripped off your old sinful nature and all its wicked deeds.
- 10 Put on your new nature, and be renewed as you learn to know your Creator and become like him.
- 11 In this new life, it doesn't matter if you are a Jew or a Gentile, circumcised or uncircumcised, barbaric, uncivilized, slave, or free. Christ is all that matters, and he lives in all of us.
- 12 Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience.
- 13 Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.
- 14 Above all, clothe yourselves with love, which binds us all together in perfect harmony.
- 15 And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.
- 16 Let the message about Christ, in all its richness, fill your lives.

Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts.

17 And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father.

Points from Paul's letter:

Paul was writing to the church at Colossae

Colossae was an ancient city of Phrygia in Asia Minor (modern Turkey)

Epaphras started the church in Colossae

The church had a major problem – syncretism (mixing beliefs and practices)

Colossae was mostly Gentile (Jews were there too)

Paul pointed people to Jesus (Jesus only)

Paul's letter was to Christians (it was to the church)

Biblical Habits

Habit 1

- Colossians 1:1
- Set your sights on the <u>REALITIES</u> of <u>HEAVEN</u>

Habit 2

- Colossians 1:2
- Think like <u>JESUS</u>

Habit 3

- Colossians 1:3
- Stop being who you WERE and start being who you SHOULD BE

Live differently because you are different. You're different, you have to be, because the old you is dead! You're changed, you have to be, because you are born again! The old you is dead, the new you is a spiritual babe in Christ – ready to grow and be raised into men and women of God who rock this world for Jesus!

—Pastor Chad

So... put to death the sinful, earthly things lurking within you. Have nothing to do with sexual immorality, impurity, lust, and evil desires. Don't be greedy, for a greedy person is an idolater, worshiping the

things of this world... get rid of anger, rage, malicious behavior, slander, and dirty language. Don't lie to each other, for you have stripped off your old sinful nature and all its wicked deeds. Put on your new nature, and be renewed as you learn to know your Creator and become like him. In this new life, it doesn't matter if you are a Jew or a Gentile, circumcised or uncircumcised, barbaric, uncivilized, slave, or free. Christ is all that matters, and he lives in all of us. Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Above all, clothe yourselves with love, which binds us all together in perfect harmony. And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful. Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father. (cf. Colossians 3:5, 8-17)

I should have called this message Feed the Baby because that's really the heart of this message. I truly believe people come to the altar – whether it be an altar like this or simply the altar of surrender wherever they are – and they genuinely want to change their lives. It's not just lip service, they really want to change. I can surrender my life – and pray the infamous sinner's prayer, but if I don't change my habits... if I don't change my life... I'm still as spiritually lost and headed to hell as I was when I came to the altar to begin with! It's not just commitment, it's total commitment. It's not just surrender, it's total surrender. It's not just about the action of a moment, it's about changing your life!

—Pastor Chad

It's about changing your habits - one day at a time! Win the day!