

## Worship Guide

August 25, 2024

**Theme Verses:** 1 Corinthians 6:19-20

**Key Thought:** God established the rhythms of work and rest for us to live for Him the best that we can.

**Additional Scriptures:** Genesis 2:1-3, Genesis 2:7, 15, 1 Corinthians 6:19-20, 1 Thessalonians 5:23, 2 Timothy 2:21, Daniel 1:8-16, Romans 12:1-2, Mark 2:27

**Notes:**

**Contemplation:**

Why did God give us a rhythm of work?

Why did God give us a rhythm of rest?

Which rhythm do you struggle with the most?

**Memorize:** Romans 12:1