Both And Was Jesus Fully Human?



Key Scripture

"14 And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father, full of grace and truth." – John 1:14 (ESV)

"9 But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. 10 For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong." — 2 Corinthians 12:9-10 (ESV)

"But when the fullness of time had come, God sent forth his Son, born of woman, born under the law," – Galatians 4:4 (ESV)

"but emptied himself, by taking the form of a servant, being born in the likeness of men." – Philippians 2:7

"15 He is the image of the invisible God, the firstborn of all creation. 16 For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him. 17 And he is before all things, and in him all things hold together. 18 And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent. 19 For in him all the fullness of God was pleased to dwell, 20 and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross." - Colossians 1:15-20 (ESV)

"For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin." -Hebrews 4:15 (ESV)

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Start Talking: Find a conversation starter for your group. (15 Min)

- What makes humans distinct from other creatures?
- What does the phrase, "You're only human" mean? Is it theologically accurate?

Head: Start Thinking. Ask a question to get your group thinking. (10 Min)

- Read John 1:14, Galatians 4:4, Philippians 2:7. What do these passages tell us about Jesus' humanity?
- Read Hebrews 4:15, which highlights one aspect of Jesus' humanity which is important, theologically speaking. What are other reasons why Jesus' complete humanity is important?

Heart: Start Sharing. Choose a question to create openness. (10 Min)

- Is there any problem that you have gone through that Jesus wouldn't understand or know how it feels. How do you know and can you share examples of this?
- How does it make you feel that you have a God that has been there and can understand your pain? (ex: John 11:35)
- In other religions, God is either not human at all or only partially human. What does Jesus' full humanity say about how God likes to work?
- Look at 2 Corinthians 12:9-10 How does Jesus' Strength as the living God and His humanity help you when you feel weak?

Hands: Start Doing. Commit to a step and live it out this week. (10 Min)

 How can you follow Jesus' lead and "become incarnate" in the lives of those around you? What would it look like to get more involved in the lives of unbelievers that you know?

Start Praying. Be bold and pray with power. (15 Min)

• For suggestions on structuring prayer time, see the *Group Prayer Ideas* page in this packet.

Trios: Split into same-gender groups of three. (15 Min)

- 1. What's a passage of scripture that has impacted you this week? Read it to the group and explain why.
- 2. Is there anything God is leading you to repent of?
- 3. How's your weekly 3-2-1 challenge going? (3 Conversations with New People, Learn 2 Names, Make 1 Meaningful Connection)
- 4. Who is one non-believer that you need to reach out to this week?
- 5. What's something you'd like someone else to check in with you about this week?
- 6. Pray for one another.