

## Build Your Life

### How do One Experience Renewal?

#### Titus 3:3-8

## TALK IT OVER

### Key Scripture

3 For we ourselves were once foolish, disobedient, led astray, slaves to various passions and pleasures, passing our days in malice and envy, hated by others and hating one another. 4 But when the goodness and loving kindness of God our Savior appeared, 5 he saved us, not because of works done by us in righteousness, but according to his own mercy, by the washing of regeneration and renewal of the Holy Spirit, 6 whom he poured out on us richly through Jesus Christ our Savior, 7 so that being justified by his grace we might become heirs according to the hope of eternal life. 8 The saying is trustworthy, and I want you to insist on these things, so that those who have believed in God may be careful to devote themselves to good works. These things are excellent and profitable for people.

*Titus 3:3-8*

As for you, you were dead in your transgressions and sins, <sup>2</sup> in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. <sup>3</sup> All of us also lived among them at one time, gratifying the cravings of our flesh<sup>[a]</sup> and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. <sup>4</sup> But because of his great love for us, God, who is rich in mercy, <sup>5</sup> made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. <sup>6</sup> And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, <sup>7</sup> in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. <sup>8</sup> For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— <sup>9</sup> not by works, so that no one can boast. <sup>10</sup> For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

*Ephesians 2:1-10*

.Search for the "Renewal Church Denver" app or "St. John's Denver" app in your app store. More of God's truth all week long at [renewaldenver.tv](http://renewaldenver.tv) and [sjdenver.tv](http://sjdenver.tv)

### Start Talking: Find a conversation starter for your group. (15 Min)

- What is something selfish that you do that don't want to give up?
- What comes to mind when you hear the words "regeneration"?

### Head: Start Thinking. Ask a question to get your group thinking. (10 Min)

- If the preacher from Sunday had to give an abbreviated version of last weekend's message, what two points or ideas would you tell him to include no matter what?
- Read Titus 3:3-8. What is it that is supposed to change us?
- Read Ephesians 2:1-10. What are we saved by? Does that change people?
- Is this change a reaction to being saved or is it to maintain it?

### Heart: Start Sharing. Choose a question to create openness. (10 Min)

- Have you personally experienced renewal or regeneration in your life due to the good news of the gospel?
- If you grew up in the church and have always live in this grace, are there things that the Holy Spirit is making new in you?
- The preferred future for our church is that people: children, teenagers, 20s, 30s, singles, couples, families, seniors would experience "renewal" by the Holy Spirit working through the Word and live lives of hope in a dark world.
- Can we be renewed every single day? How is this done?

### Hands: Start Doing. Commit to a step and live it out this week. (10 Min)

- What intention can you set for yourself every day as you live in God's grace?
- Start a prayer journal around what you are reading in the Word. Reflect on the grace that has been given to you?

### Start Praying. Be bold and pray with power. (15 Min)

- For suggestions on structuring prayer time, see the *Group Prayer Ideas* page in this packet.

### Trios: Split into same-gender groups of three. (15 Min)

1. What's a passage of scripture that has impacted you this week? Read it to the group and explain why.
2. Is there anything God is leading you to repent of?
3. How's your weekly 3-2-1 challenge going? (*3 Conversations with New People, Learn 2 Names, Make 1 Meaningful Connection*)
4. Who is one non-believer that you need to reach out to this week?
5. What's something you'd like someone else to check in with you about this week?
6. Pray for one another.