

Below as in Above
Give us this day our daily bread

TALK IT OVER

Key Scripture

*“Our Father in heaven,
hallowed be your name.*

*¹⁰ Your kingdom come,
your will be done,*

on earth as it is in heaven.

¹¹ Give us this day our daily bread....

– Matthew 6:9-11 (ESV)

*Look at the birds of the air: they neither sow
nor reap nor gather into barns, and yet your
heavenly Father feeds them. Are you not of
more value than they? –Matthew 6:26 (ESV)*

*But seek first the kingdom of God and his
righteousness, and all these things will be
added to you. “Therefore, do not be anxious
about tomorrow, for tomorrow will be
anxious for itself. Sufficient for the day is its
own trouble. –Matthew 6:33-34 (ESV)*

Start Talking: Find a conversation starter for your group. (15 Min)

- What is something you can't live without? What is something that would just be hard to live without?

Head: Start Thinking. Ask a question to get your group thinking. (10 Min)

- Read Matthew 6:9-11, So far what has been the structure of this prayer? What is verse 11 about?
- What do you think it means by daily bread? (Luther's Large Catechism petition 4)
- Read Matthew 6:26, what does Jesus promise us here?

Heart: Start Sharing. Choose a question to create openness. (10 Min)

- What is something you worry about? Something that you need?
- Can you look back at your life and see how God has provided for you? Share a time when God blessed you with daily bread.
- Why is daily bread more than just food? What emotional needs does God help you with?

Hands: Start Doing. Commit to a step and live it out this week. (10 Min)

- Make a list of all the good things God has given you, afterwards thank Him for them.
- How will you trust that God will provide for you this week? What do you need to go and pray to Him about?

Start Praying. Be bold and pray with power. (15 Min)

- For suggestions on structuring prayer time, see the *Group Prayer Ideas* page in this packet.

Trios: Split into same-gender groups of three. (15 Min)

1. What's a passage of scripture that has impacted you this week? Read it to the group and explain why.
2. Is there anything God is leading you to repent of?
3. How's your weekly 3-2-1 challenge going? (*3 Conversations with New People, Learn 2 Names, Make 1 Meaningful Connection*)
4. Who is one non-believer that you need to reach out to this week?
5. What's something you'd like someone else to check in with you about this week?
6. Pray for one another.

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or “St. John's Denver” app in your app store.

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