

The Good Life

Sexual Temptation and Accountability

TALK IT OVER

Key Scripture

"My son, be attentive to my wisdom; incline your ear to my understanding, 2 that you may keep discretion, and your lips may guard knowledge. 3 For the lips of a forbidden woman drip honey, and her speech is smoother than oil, 4 but in the end she is bitter as wormwood, sharp as a two-edged sword. 5 Her feet go down to death; her steps follow the path to Sheol; 6 she does not ponder the path of life; her ways wander, and she does not know it. 7 And now, O sons, listen to me, and do not depart from the words of my mouth. 8 Keep your way far from her, and do not go near the door of her house, 9 lest you give your honor to others and your years to the merciless, 10 lest strangers take their fill of your strength, and your labors go to the house of a foreigner, 11 and at the end of your life you groan, when your flesh and body are consumed, 12 and you say, "How I hated discipline, and my heart despised reproof! 13 I did not listen to the voice of my teachers or incline my ear to my instructors. 14 I am at the brink of utter ruin in the assembled congregation." 15 Drink water from your own cistern, flowing water from your own well. 16 Should your springs be scattered abroad, streams of water in the streets? 17 Let them be for yourself alone, and not for strangers with you. 18 Let your fountain be blessed, and rejoice in the wife of your youth, 19 a lovely deer, a graceful doe. Let her breasts fill you at all times with delight; be intoxicated always in her love. 20 Why should you be intoxicated, my son, with a forbidden woman and embrace the bosom of an adulteress?"
Proverbs 5:1-14 (ESV)

"Surely, as a treacherous wife leaves her husband, so have you been treacherous to me, O house of Israel, declares the Lord."
Jeremiah 3:20 (ESV)

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Start Talking: Find a conversation starter for your group. (15 Min)

- How would you describe the difference between love and lust?
- How has our society normalized sexual immorality?

Head: Start Thinking. Ask a question to get your group thinking. (10 Min)

- Read Proverbs 2:16-22. How can wisdom save you from a unfaithful spouse?
- Read Proverbs 5:1-23. What is the damage that adultery inflicts?
- Why is it that sexual temptation is such a struggle for so many people?
- Adultery can have a double meaning when mentioned in scripture. Read Jeremiah 3:20. How can you be unfaithful in your spiritual life as well?

Heart: Start Sharing. Choose a question to create openness. (10 Min)

- Do you like attention from the opposite sex? If so, How can you use wisdom with the opposite sex?
- Do these types of topics ever make you uncomfortable? Why is it so hard to share about our struggles and hurts when it comes to sexuality?
- How do you think we can help each other with accountability?
- Can God bring healing and forgiveness in a relationship where someone has been unfaithful? How did He bring forgiveness and healing when we were unfaithful to Him?

Hands: Start Doing. Commit to a step and live it out this week. (10 Min)

- In what ways can we be faithful in both spirit, mind, and body?
- What are some things you need to bring to God and ask for help with?

Start Praying. Be bold and pray with power. (15 Min)

- Jesus, please help us to be faithful in both in spirit, mind, and body. Help us to recognize true love and forgiveness. Thank You that You are always faithful to us, even when we wander away.

Trios: Split into same-gender groups of three. (15 Min)

1. How did you see God at work in your life this week?
2. What's something you'd like someone else to check in with you about this week?
3. What kind of conversations are you having with non-Christians?
4. Pray for one another.