

Kingdom Come

Body and Blood (Mt. 26:17-30)

TALK IT OVER

Key Scripture

"17 Now on the first day of Unleavened Bread the disciples came to Jesus, saying, "Where will you have us prepare for you to eat the Passover?" 18 He said, "Go into the city to a certain man and say to him, 'The Teacher says, My time is at hand. I will keep the Passover at your house with my disciples.'" 19 And the disciples did as Jesus had directed them, and they prepared the Passover. 20 When it was evening, he reclined at table with the twelve. 21 And as they were eating, he said, "Truly, I say to you, one of you will betray me." 22 And they were very sorrowful and began to say to him one after another, "Is it I, Lord?" 23 He answered, "He who has dipped his hand in the dish with me will betray me. 24 The Son of Man goes as it is written of him, but woe to that man by whom the Son of Man is betrayed! It would have been better for that man if he had not been born." 25 Judas, who would betray him, answered, "Is it I, Rabbi?" He said to him, "You have said so." 26 Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body." 27 And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you, 28 for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. 29 I tell you I will not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom." 30 And when they had sung a hymn, they went out to the Mount of Olives." – *Matthew 26:17-30 (ESV)*

Start Talking: Find a conversation starter for your group. (15 Min)

- Have you ever been betrayed? Share if you are comfortable.
- What kinds of betrayals hurt the most to you?

Head: Start Thinking. Ask a question to get your group thinking. (10 Min)

- Read Matthew 26:17-30. What are the two highlights from this reading?
- When Jesus instituted the Lord's Supper in Matthew 26:17-30, what holiday were the Jews celebrating? What is the connection between the two?
- What is Jesus offering by saying, "this is my body" and "this is my blood" in Matthew 26:26-28?
- Bonus material: Matthew 26:31-75.

Heart: Start Sharing. Choose a question to create openness. (10 Min)

- What does it mean to you that Jesus gives us His body and His blood?
- How does this connect us to His death? And how does this connect us to His resurrection? Why is that important?
- Do you see His Kingdom? How has what we have read in the weeks before all connect to the Kingdom of Heaven? Is it here now?

Hands: Start Doing. Commit to a step and live it out this week. (10 Min)

- If or when you take communion this week, meditate on how His body was broken so that we can be healed and how His blood was shed so we may live.

Start Praying. Be bold and pray with power. (15 Min)

- For suggestions on structuring prayer time, see the *Group Prayer Ideas* page in this packet.

Trios: Split into same-gender groups of three. (15 Min)

1. What's a passage of scripture that has impacted you this week? Read it to the group and explain why.
2. Is there anything God is leading you to repent of?
3. How's your weekly 3-2-1 challenge going? (*3 Conversations with New People, Learn 2 Names, Make 1 Meaningful Connection*)
4. Who is one non-believer that you need to reach out to this week?
5. What's something you'd like someone else to check in with you about this week?
6. Pray for one another.