



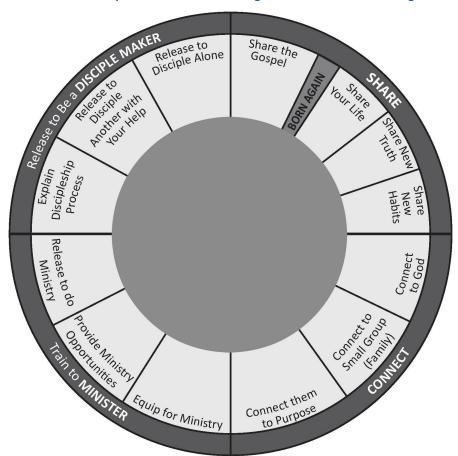


LIFEGroup Gathering Guide

Easter, Lord of All Message Series 4/17/22

About LIFEGroups

LIFEGroups are small communities that follow Jesus on mission together! LIFEGroups help us as we each individually and as a church journey along the Discipleship Pathway of Connecting with God, Loving our Neighbors, and Serving our City. LIFEGroups usually gather weekly or every other week for community, to process through the content of that week's message, and to encourage one another as we seek to live out our faith and make a difference in our city. For more information or to join a LIFEGroup, visit SJDenver.org / RenewalDenver.org







LIFEGroup Relational Guidelines

TIME: Please be sensitive about the amount of time you share. Group time is limited.

I will seek to avoid conversation dominating.

LISTENING: We seek to cultivate a group culture in which everyone can be real and open about their struggles and celebrations. If we feel like we must normally "wear a mask," this is an environment in which we are encouraged to "take it off."

I commit to being an understanding listener. I will not hold side conversations while you are sharing. Before responding; I will first seek to listen to you all the way through. If your struggles are emotional, financial, legal, medical, relational, spiritual, sexual, or any other, I endeavor not to be surprised. I endeavor not to offer advice without your permission.

CONFIDENTIALITY: What is said in the group stays in the group.

I promise to hold your words in confidence. They stay with me.

"I" **STATEMENTS:** It's easy to talk about the issues of others, but for our purposes, we want you to put yourself on the table. Try to use "I" statements rather than "you", "them", "they", etc.

SELF-AWARENESS: Be aware of how you are personally affecting the environment through your words, actions, and non-verbal communication.

SILENCE: Can play an important role in group discussion as it allows for people to process the topic or question being considered. Don't always jump right in - give people a moment.

CONFLICT: We will resolve conflict biblically. When conflict or sin issues between group members arise, we make sure to honor God and each other in the ways that resolve issues. The following are a few key Scriptures in this regard:

- If someone sins against you Matthew 18:15-20
- Restoring someone in sin Galatians 6:1-5
- Forgive a sinner Colossians 3:12-13
- Reconciling differences Matthew 5:23-24, Matthew 7:1-5

Group Prayer Ideas

Pray for Each Other

- Everyone share their prayer requests before entering into the time of prayer;
- As you open a time of spontaneous prayer, ask people to pray for each other's requests / not their own;
- Option: Have one person record the group's prayers in a prayer journal. Periodically review the journal to see just how much God answers prayer!
- Option: Conclude with the Lord's Prayer or Apostle's Creed.
- Option: Do a "Prayer Exchange," assigning people to pray for one another this week, & text as you do.

Responsive Psalm Prayer

- Choose a psalm (ex: 13, 116, 136, 139, etc.);
- Have the leader and the people pray through the Psalm by trading verses responsively,
 OR go around the circle and have each person take the next verse.

Missional Prayer

- Have everyone go around and pray specifically for a non-Christian friend, neighbor, co-worker, etc.
- Option: Have everyone use the "MissionHub" app to set a prayer reminder for that person OR write the name on a 3x5 index card, take it with them and put it somewhere that they'll see it.

Category Prayer

• The leader guides the group by inviting spontaneous prayer around a "category" at a time, allowing a couple of minutes per category;

Our World

Ex: Relational Circles

Our Families
Our Church
Our Neighbors
Our Co-Workers
Our City
Our Country

Confession
Thanksgiving

Physical

Supplication

Ex: Lord's Prayer Ex: Healing

Petition 1: Holy Be Your Name
Petition 2: Your Kingdom Come
Petition 3: Your Will Be Done

Emotional

Spiritual

Petition 4: Give us Today our Daily Bread
Petition 5: Forgive us our Trespasses

Petition 6: Lead us Not into Temptation Petition 7: Deliver us from Evil

Ex: A.C.T.S.

Adoration

Simultaneous Prayer

• Set a timer (ex: 3 min) and ask everyone to pray simultaneously (out loud) until the timer runs out.

Timed Prayer

• Set a timer (ex: 20 min) and then go around the circle taking turns praying until the timer runs out.

Easter Lord of All Acts 10:34-43



Complementary Scripture

28 Now after the Sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the tomb. 2 And behold, there was a great earthquake, for an angel of the Lord descended from heaven and came and rolled back the stone and sat on it. ³ His appearance was like lightning, and his clothing white as snow. 4 And for fear of him the guards trembled and became like dead men. 5 But the angel said to the women, "Do not be afraid, for I know that you seek Jesus who was crucified. ⁶ He is not here, for he has risen, as he said. Come, see the place where he lay. ⁷ Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him. See, I have told you." 8 So they departed quickly from the tomb with fear and great joy, and ran to tell his disciples. 9 And behold, Jesus met them and said, "Greetings!" And they came up and took hold of his feet and worshiped him. ¹⁰ Then Jesus said to them, "Do not be afraid; go and tell my brothers to go to Galilee, and there they will see me."

Matthew 28:1-10

Start Talking: Find a conversation starter for your group. (15 Min)

- What is your favorite Easter Tradition?
- Why do you prefer it? What makes it special to you?

Head: Start Thinking. Ask a question to get your group thinking. (10 Min)

- Read Acts 10:34-43, What is Peter proclaiming to everyone around him?
- What does it mean to you that Jesus is Lord of all?
- Does God have favorites?
- Read Matthew 28:1-10, Do you think Jesus does anything without a reason for it? What could be the reason He appeared first to His women followers?

Heart: Start Sharing. Choose a question to create openness. (10 Min)

- In what areas of your life would you say Jesus is Lord over? What are the things you try to Lord over?
- Who have you told about the good news of Jesus lately? Who is someone you want to tell? Why do we sometimes hold back?

Hands: Start Doing. Commit to a step and live it out this week. (10 Min)

- Look for a chance to share the good news today! Pray to God and He will open a door for you.
- Enjoy this Easter Holiday with friends and family! He is Risen!

Start Praying. Be bold and pray with power. (15 Min)

• For suggestions on structuring prayer time, see the *Group Prayer Ideas* page in this packet.

Trios: Split into same-gender groups of three. (15 Min)

- 1. What's a passage of scripture that has impacted you this week? Read it to the group and explain why.
- 2. Is there anything God is leading you to repent of?
- 3. How's your weekly 3-2-1 challenge going? (3 Conversations with New People, Learn 2 Names, Make 1 Meaningful Connection)
- 4. Who is one non-believer that you need to reach out to this week?
- 5. What's something you'd like someone else to check in with you about this week?
- 6. Pray for one another.

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