

## Joseph: A Life of Triumph

Triumph Over Temptation Genesis 39:1-23



## **Study Description**

In Genesis 39:1-23, Joseph's triumph over temptation is portrayed as he resists the advances of Potiphar's wife, maintaining his integrity despite the allure of sin. This narrative echoes the Gospels, where Jesus, in the face of various temptations, exemplifies unwavering obedience to God, emphasizing the victorious path of resisting allurements for the sake of righteousness and faithfulness.

Share: (5 Min)

What has God been doing in your life since the last time we met as a group?

Head: (10 Min)

- What specific temptations did Joseph face in Potiphar's house, and how did he respond?
- What principles or truths helped Joseph make the right decision?
- How can Joseph's example in resisting temptation guide us in maintaining integrity in our daily lives?

Heart: (10 Min)

- How might Joseph have felt in the temptation, and how does this relate to our own experiences of facing alluring situations?
- How can we cultivate a heart that resists temptation in our daily lives?
- Share about a time when resisting temptation led to positive outcomes.

Hands: (10 Min)

- What practical strategies did Joseph employ to resist temptation, and how can we apply these strategies in our own lives? What about Jesus? See Luke 4:1-13.
- How can our Life Group actively support and hold one another accountable in resisting temptation?

## Prayer (15 Min)

• For suggestions on structuring prayer time, see the *Group Prayer Ideas* page in this packet.

**Trios**: Split into same-gender groups of three and pick a question. (15 Min)

- 1. What sort of temptations are you facing in your life currently?
- 2. What kind of conversations are you having with people you are reaching out to?
- 3. What's a passage of scripture that has impacted you this week? Read it to the group and explain why.
- 4. What's something you'd like someone else to check in with you about this week?