# Reboot

# A Time to Lose



#### **Key Scripture**

"For everything there is a season, and a time for every matter under heaven: 2 a time to be born, and a time to die; a time to plant, and a time to pluck up what is planted; 3 a time to kill, and a time to heal; a time to break down, and a time to build up; 4 a time to weep, and a time to laugh; a time to mourn, and a time to dance; 5 a time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing; 6 a time to seek, and a time to lose; a time to keep, and a time to cast away; 7 a time to tear, and a time to sew; a time to keep silence, and a time to speak; 8 a time to love, and a time to hate; a time for war, and a time for peace. 9 What gain has the worker from his toil? 10 I have seen the business that God has given to the children of man to be busy with. 11 He has made everything beautiful in its time. Also, he has put eternity into man's heart, yet so that he cannot find out what God has done from the beginning to the end. 12 I perceived that there is nothing better for them than to be joyful and to do good as long as they live; 13 also that everyone should eat and drink and take pleasure in all his toil—this is God's gift to man. 14 I perceived that whatever God does endures forever; nothing can be added to it, nor anything taken from it. God has done it, so that people fear before him. 15 That which is, already has been; that which is to be, already has been; and God seeks what has been driven away." - Ecclesiastes 3:1-15 (ESV)

"And we know that for those who love God all things work together for good, for those who are called according to his purpose." – Romans 8:28 (ESV)

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#### Start Talking: Find a conversation starter for your group. (15 Min)

- Would you describe yourself as go with the flow or do you always need to know what the plan is?
- Do you see time as your friend or your enemy?

## Head: Start Thinking. Ask a question to get your group thinking. (10 Min)

- Read Ecclesiastes 3:1-15. What is Solomon's point in saying that there is a time for all sorts of activities? What's this section about?
- Look at Ecclesiastes 3:11. Why would God put eternity in our hearts if we can't even fathom it?
  - Augustine, Blaise Pascal, and C.S. Lewis all have stated that there is a God-shaped vacuum in our hearts that can only be filled with Him. True fulfillment is found in receiving eternal life through Jesus.

### Heart: Start Sharing. Choose a question to create openness. (10 Min)

- Has life turned out how you thought it would up to this point?
- How much control do you think God gives us over our own lives?
- Some would argue that Ecclesiastes is actually about control (ex: "Your will be done, on earth as it is in Heaven"). Read Romans 8:28 – what does it look like practically to submit to God's control?

#### Hands: Start Doing. Commit to a step and live it out this week. (10 Min)

- What spiritual disciplines give you peace and empower you trust in the Lord with all your heart (Proverbs 3:5-6)?
- What season or time are you in now? What is God calling you to do?

### Start Praying. Be bold and pray with power. (15 Min)

• For suggestions on structuring prayer time, see the *Group Prayer Ideas* page in this packet.

### Trios: Split into same-gender groups of three. (15 Min)

- 1. What's a passage of scripture that has impacted you this week? Read it to the group and explain why.
- 2. Is there anything God is leading you to repent of?
- 3. How's your weekly 3-2-1 challenge going? (3 Conversations with New People, Learn 2 Names, Make 1 Meaningful Connection)
- 4. Who is one non-believer that you need to reach out to this week?
- 5. What's something you'd like someone else to check in with you about this week?
- 6. Pray for one another.