

Soul Care:

Cultivating soul health through seven dimensions of spiritual formation.

Personal & Group Questions

Sermon taught on June 6th, 2021 by Heather Harrison.

Jeremiah 31:3; Psalm 119:36, 139:14; John 14:6, 17:1-3; Luke 8:26-39; Ephesians 2:10

Every Sunday of Soul Care is followed by two sets of questionnaires: Personal Soul Care Questions and Life Group Questions. Answer the personal questions on your own, and discuss the group questions together.

Questions are printable at church212.com/soul-care

WEEK 3: Relational Formation

How will I take care of my relationships?

Remember in your spiritual journey that spiritual formation is an interactive process with the Holy Spirit. Keep central to this message that spiritual change comes through Christ! 1 Thessalonians 5:23-25

Personal Soul Care & Life Group Questions

Personal Soul Care Questions

1. How do I cultivate relationships where I am equally attended to, cared for, sought out, and nurtured?

2. How am I careful not to be the "helper" in every relationships?

3. How do I have balanced relationships?

Life Group Questions

1. I worship God because.... Or I will worship God because...

2. What experiences, both good and bad, have shaped your life?

3. What similarities can you recognize in your most notable achievements?

4. An area in my life that I can invite Jesus to be Lord of is...

5. I am more inclined toward (circle one: sacrifice or selfishness). A fruit in my life that will appear as I "incline my heart to his testimonies" will be (list an attribute that you'd like to see in a relationship, i.e., joyously give my money/opportunity/ ability/time; allow my loved one space to call on the name of Jesus and to grow...)
