

# Soul Care:

Cultivating soul health through seven dimensions of spiritual formation.

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## Personal & Group Questions

Sermon taught on June 28, 2021 by Stephanie Harrison.

Every Sunday of Soul Care is followed by two sets of questionnaires: Personal Soul Care Questions and Life Group Questions. Answer the personal questions on your own, and discuss the group questions together.

Questions are printable at [church212.com/soul-care](http://church212.com/soul-care)

## WEEK 7: Resource Stewardship Formation

How will I take care of my soul health?

In this week's sermon, we unpack seven different dimensions of spiritual formation. We learn how our spirits have already been formed, but needs to be transformed as we grow into the image and likeness of Jesus.

## Personal & Life Group Soul Care Questions

1. In cultivating soul health, which of the 7 dimensions of soul formations do I struggle with the most and why? Pastor Daniel stated, "You will drift into brokenness if you're not growing into wholeness." How can I grow into wholeness?

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2. According to Psalm 57:4 Darby Translation, when have I allowed my soul to lie down among the lions and what was the outcome?

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3. What 2 things did Paul and Silas do that caused the jailer and his family to receive salvation?

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4. What are some promises the Lord has given us in Psalm 23?

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5. During this soul care series, what was a few take-a-ways that has brought new formation into your life?

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