A Culture of Soul Care 01/23/2022 | Life Group Questions

- 1. What's your fondest memory of being in nature as a kid?
- 2. What does Richard Foster mean when he says, "The path doesn't produce the change. It places you where the change can occur."?
- 3. Like plants that need a physical environment with necessary conditions for growth, humans need a spiritual environment with conditions for growth. Read Galatians 6:8 and share the meaning with the group.
- 4. Read Philippians 3:10-11. What is Paul communicating in this passage about experiencing "fresh newness of life?" What might this mean for our daily lives?
- 5. Ruth Barton so insightfully says, "I cannot transform myself... What I can do is create the conditions in which spiritual transformation can take place, by developing and maintaining a rhythm of spiritual practices that keep me open and available to God."

How is God asking you to create structure and space in your life that helps you become open and available to him?

- 6. What connection do you see between both 212 verses:
 - 2 Peter 1:2 and Colossians 2:12?