

Chatter

“Enjoying Your Thought Life? What’s God Saying?”

First Problem: **“Chatter”** Silent conversations we have with our selves

Note: What would happen if you reduced your tendency to think about all your issues and took your thoughts captive?

2 Corinthians 10:3-5

Storyline Graph

From your thoughts, emotions are formed

From your emotions, beliefs are formed

From your beliefs, actions are formed

From your actions, habits are formed

From your habit’s thoughts are formed

1. We don’t need our thoughts to stop, we need our minds to be redeemed.

19 “Today I have given you the choice between life and death, between blessings and curses. Now I call on heaven and earth to witness the choice you make. Oh, that you would choose life, so that you and your descendants might live! 20 You can make this choice by loving the Lord your God, obeying him, and committing yourself firmly to him. This is the key to your life. And if you love and obey the Lord, you will live long in the land the Lord swore to give your ancestors Abraham, Isaac, and Jacob.” **Deuteronomy 30: 19-20**

A. Know an enemy of your mind

B. Know your purpose

Know your purpose is to take every interrupting thought captive.

“I have a Choice”

2. The source of every emotion, belief, action and habit begins with a seed of thought.

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3. One God-honoring thought has the potential to change the trajectory of both history and eternity.

The Lord now said to Moses, ² “Send out men to explore the land of Canaan, the land I am giving to the Israelites. Send one leader from each of the twelve ancestral tribes.” ³ So Moses did as the Lord commanded him. He sent out twelve men, all tribal leaders of Israel, from their camp in the wilderness of Paran. **Numbers 13**

4. Joshua and Caleb had a different spirit (Thought - Emotion – Belief – Action)

³⁰ But Caleb tried to quiet the people as they stood before Moses. “Let’s go at once to take the land,” he said. “We can certainly conquer it!” ³¹ But the other men who had explored the land with him disagreed. “We can’t go up against them! They are stronger than we are!” ³² So they spread this bad report about the land among the Israelites: “The land we traveled through and explored will devour anyone who goes to live there. All the people we saw were huge. ³³ We even saw giants there, the descendants of Anak. Next to them we felt like grasshoppers, and that’s what they thought, too!”

1. The people rebel

2. Moses & Aaron prayed

3. Caleb & Joshua son of Nun tore their clothes for truth

4. Then God said,

“Will they never believe me, even after all the miraculous signs I have done among them. “But my servant Caleb has a different attitude than the others have. He has remained loyal to me, so I will bring him into the land he explored. His descendants will possess their full share of that land.