

“Rebuild Starts with Prayer” (Msg. 1)

Rebuild: A Study of Nehemiah

Discussion Questions

- Have you or someone you know ever been through a spiritual “hurricane” that left their spiritual vitality waning?
 - What were the signs of spiritual weakening?
 - What are some causes that can bring us those spiritual storms?
 - How does that season affect a person’s thoughts and decisions?
- Read **Nehemiah 1:1-3**.
 - What is the historical situation going on at this time?
 - Where is Nehemiah, and what is he concerned about?
- Read **Nehemiah 1:4-7**
 - What do you notice about the beginning of Nehemiah’s prayer?
 - Why is owning up to your sin important for those who desire to have their lives rebuilt spiritually?
 - What keeps us from owning our part (if we have any) in the spiritual hurricane we’ve undergone?
- Read **Nehemiah 1:8-11**
 - What stands out to you about this section of Nehemiah’s prayer?
 - What does he ask God to “remember”? Why does Nehemiah highlight this?
 - How does Nehemiah’s trust in God’s character and covenant promises allow him to be honest about his and his people’s sinfulness?
 - What does this tell us about owning up and rebuilding our lives after a spiritual hurricane has done damage?
 - What truths about who God is and promises he gives us in Christ can encourage us to own up to our sins when we need to rebuild?
- What does this tell us about a healthy gospel culture when it comes to owning up to our faults? What kind of perspective should we hold on confession of sin? How is this activity both good and beautiful?
- Which of the gospel identities (citizen, family, missionary) does this message most intersect and why? How can group be a place where this specific identity can be encouraged, in light of the lesson?