

How Singing Forms Us
***Then Sings My Soul* Series**
Discussion Questions

What's a song, album, or artist that instantly takes you back to a specific season or moment in your life? Why do you think music has that kind of power over us?

When it comes to Sunday morning service, how do you view singing together? Is meaningful or valuable? Do you participate or spectate?

Right behind prayer singing is the most commanded practice in scripture. Why do you think singing has always been such a central practice in the life of God's people?

Read Epistle to the Colossians 3:1-16.

- In verses 1-3, Paul instructs us to “*set our minds on things that are above, not on things that are on the earth*”. What do you think it looks like to practically do that? What reason does Paul give us for pursuing this new way of living?
- What's the relationship between the focus of your mind and the way that you live? How do you see that play out in the proceeding verses (5-14)? Why is it difficult for us to put to death our sin, and to put on the new life we've been given in Christ?
- What stands out to you about the connection between “setting your mind on things above” and “letting the word of Christ dwell in you richly”? How does Singing shape us spiritually (mind, heart, and community)?

Have there been moments where a worship song deeply encouraged, convicted, comforted, or reminded you of truth you needed to hear? What made that moment meaningful?

If singing genuinely shapes our minds, hearts, and community over time, what is one concrete shift you could make — in posture, attention, or preparation — so that the songs you sing this week actually form you rather than pass you by?