

The Shield of Faith and the Helmet of Salvation

Geared Up

Discussion Questions

- When have you ever been proud for doing something on your own (when you doubted you could do it)?
 - Why is that a good thing? How can those things have a dark side?
 - How have you seen culture idolize self-sufficiency?
 - How can this negatively impact our walk with God, especially as it concerns undergoing testings, trials, and tragedies in life?
- How are living with too much doubt and living with too much confidence actually similar challenges in light of a believer's relationship with God?
- Read **Ephesians 6:16-17a**.
 - What is the context of this passage? What does the armor look like?
 - What does Paul tie to each piece of armor? Why?
- **The Helmet of Salvation:**
 - Who wears the helmet of salvation in Is. 59:17? What does this tell us about the salvation Paul is referring to in Eph. 6?
 - If God rescue us *from* sin and hell, what does he rescue us *to*? Here are some examples to discuss:
 - Col. 1:13-14
 - Jn. 1:12
 - Eph. 1:13
 - What do these passages tell us about the gifts in salvation?
 - What promises does God have tied to salvation? Here are some examples to discuss:
 - Jn. 10:28
 - Rom. 8:28
 - Heb. 4:16
 - Rom. 8:38-39
 - What do these passages tell us about God's promises in salvation?
 - What does **2 Cor. 5:17** tell us about our current existence in Christ?
- **The Shield of Faith** (read Eph. 6:16 again)
 - What do the fiery darts of Satan look like in the battle against a believer? Why do the attacks seem to come in full force in times of testing, trials, and tragedies?
 - How is it that faith is the way we appropriate the truths and promises of God and the gospel? How then, do those things act as a shield against satanic attacks?
 - What does choosing to fight by faith look like? How can we do that with others?
 - Where are you struggling to fight by faith in your life? How can others come alongside you with their own "shields of faith"?
- Which of the gospel identities (citizen, family, missionary) does this message most intersect and why?