

“One Thing Necessary”

Luke 10:38-42

Discussion Questions

- **Ice Breaker:**
 - What are your New Year’s resolutions or goals?
 - What do you think must happen for someone to complete their resolution?
- **Read Luke 10:38-42**
 - What is the difference between Martha and Mary?
 - What do their actions reveal about their hearts?
 - Do you relate to Martha or Mary more? Why?
 - What do you think it looks like to be “distracted...anxious and troubled about many things” in our world today?
 - What causes you to be “distracted...anxious and troubled about many things”?
 - What does Martha get wrong? (i.e., Is Jesus saying it’s bad to serve?)
 - What does Jesus mean by “one thing is necessary”?
 - What is “the good portion”?
- **Application & Reflection**
 - What does it practically look like for someone to “sit at the Lord’s feet and listen to his teaching”?
 - What is your rhythm of reading the Bible and prayer?
 - How can this group help each other to grow in the practice of spending time with Jesus this year?