

“Time Simplified”
Christmas Simplified
Discussion Questions

- **Introduction**
 - When someone asks how you’re doing, what do you usually mean when you say, “I’m busy”? What emotions or beliefs are tied to that word for you?
 - Where do you most feel like you’re “skimming the surface” in your life right now?
- **Read Luke 2:10-14**
 - How would you define “peace” as you experience it today, and how does that compare to the biblical idea of shalom?
 - Describe what kind of peace Jesus brings on earth. (See **Colossians 1:19-20**)
 - How does Jesus bring peace?
 - Why don’t we always experience peace within even though we have peace with God?
 - In what ways do you tend to look for peace in places other than Jesus—especially when life feels overwhelming or exhausting?
 - Jesus lived a busy life but was never in a hurry. What do you notice about your own pace of life compared to the pace of Jesus?
 - What makes it hardest for you personally to slow down—external responsibilities, internal pressure, fear of missing out, or something else?
 - If someone looked at your calendar over the past month, what would they conclude are your top priorities? Is that what you *want* your priorities to be?
 - What is one realistic, concrete step you could take this week or in the coming year to make space to seek God?