

## Reliance and Prayer

### *God Speed*

#### Discussion Questions

- **Who in the group would admit to being a backseat driver?**
  - How does grabbing the “oh no handle” or offering driving suggestions help satisfy your need for control?
- **When something in life feels out of control, why do you think our default is often to be more self-reliant?**
  - How do you normally respond to the uncontrollable aspects of life? (For example: misplaced anger, focus on other tasks you can control, or bottle it up)
  - How is control related to anxiety?
- **Read Philippians 4:6-7**
  - What does Paul say we should do instead of being anxious?
  - What four words does Paul use for prayer?
- **How does prayer express our reliance on God?**
  - Do you struggle to view prayer as something more than just a last resort?
- **How does prayer empower our action?**
  - What’s the relationship between asking God to do something and us taking action to do it?
- **According to Philippians 4:6-7, what do Christians get as a result of prayer?**
  - What’s the difference between anxiety and peace?
  - Why does Paul include “in Christ Jesus”? How does having a relationship with God by faith in Jesus impact our prayer life?
- **How can you grow in incorporating pray in your life?**
- **Which of the gospel identities (citizen, family, missionary) does this message highlight? How can we encourage each other to trust God with the uncontrollable aspects of life?**